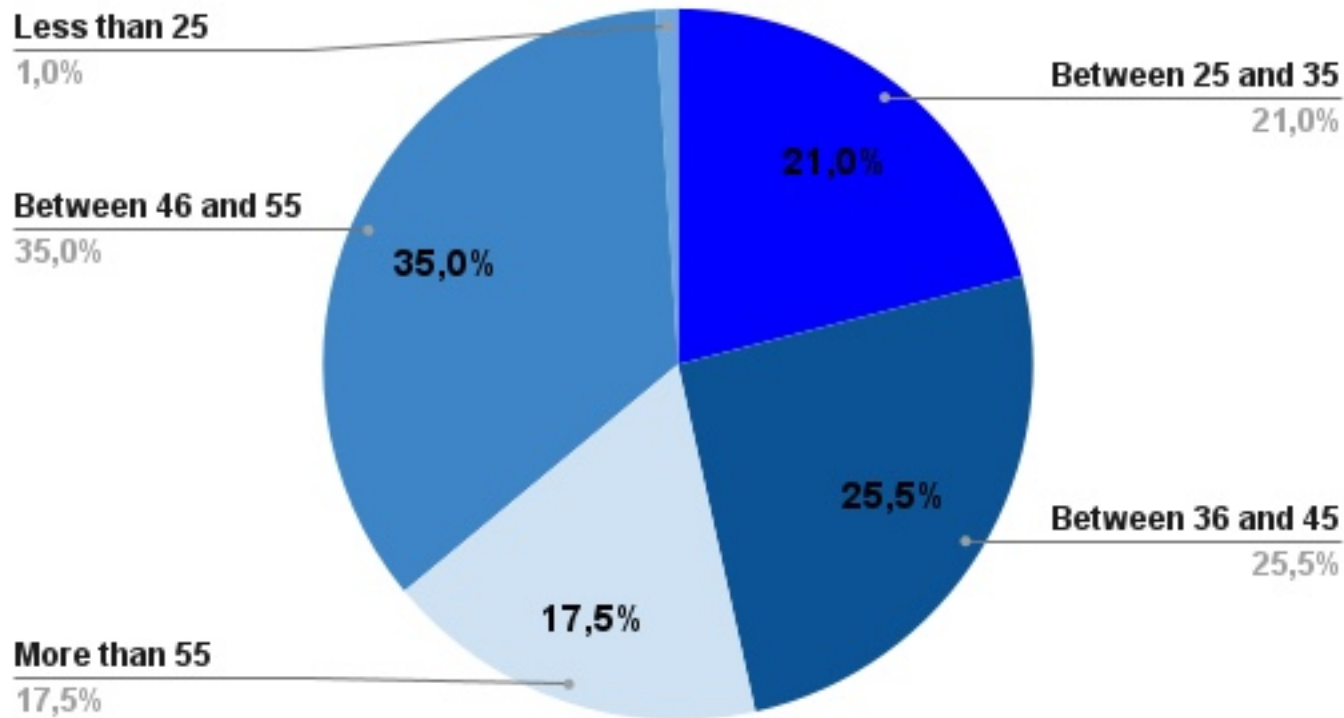


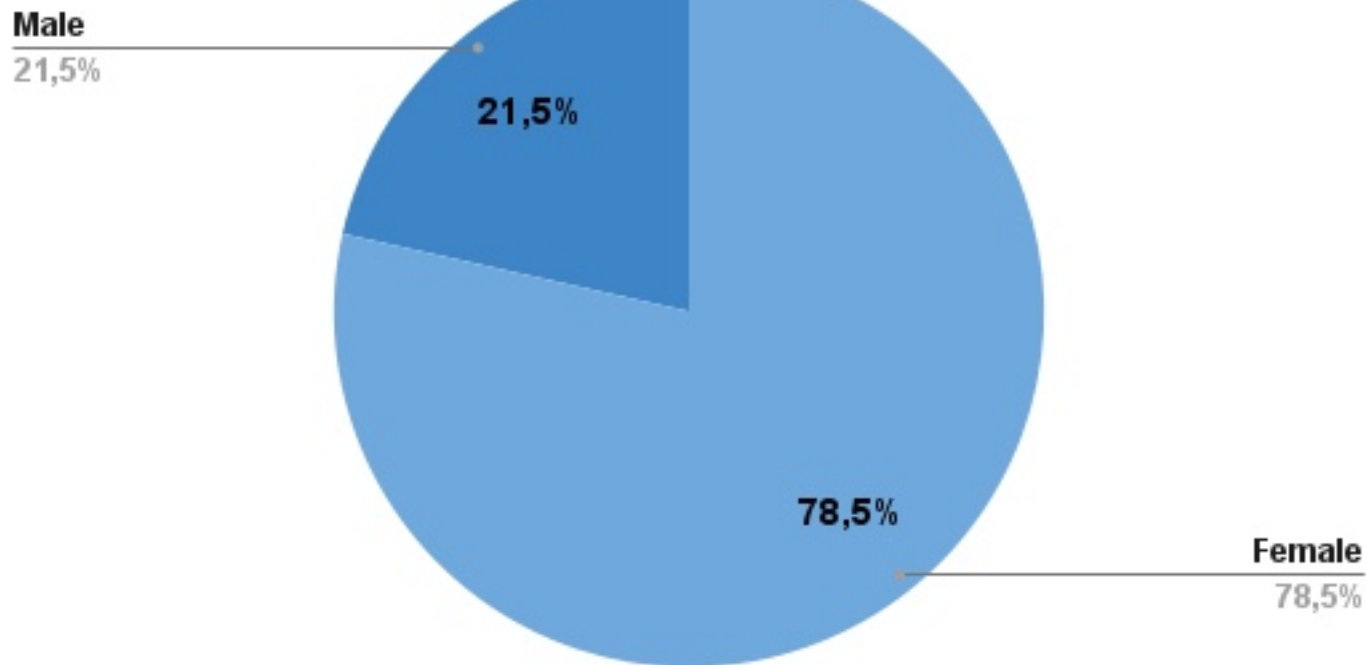
Questionnaire

Graphical data analysis

Age



Gender



Where do you work?

In the country

6,5%

6,5%

In a smaller city

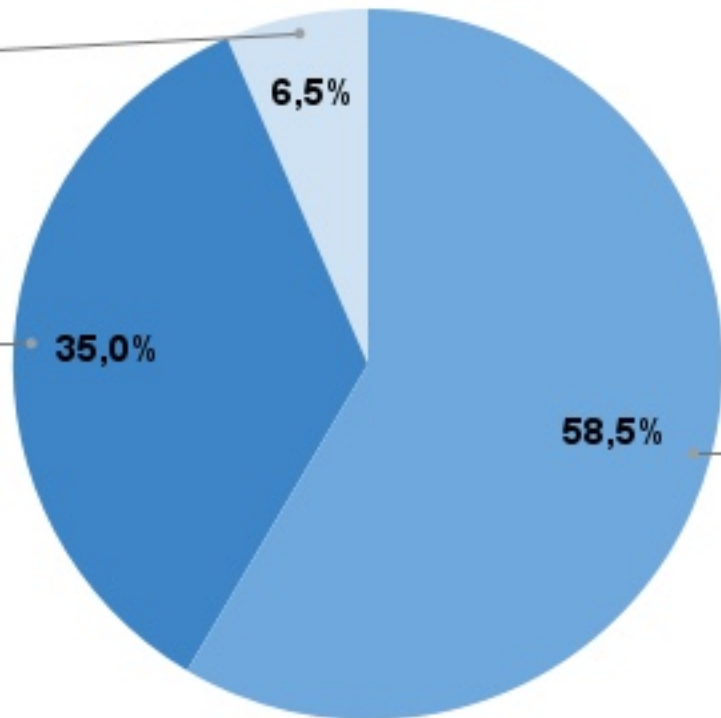
35,0%

35,0%

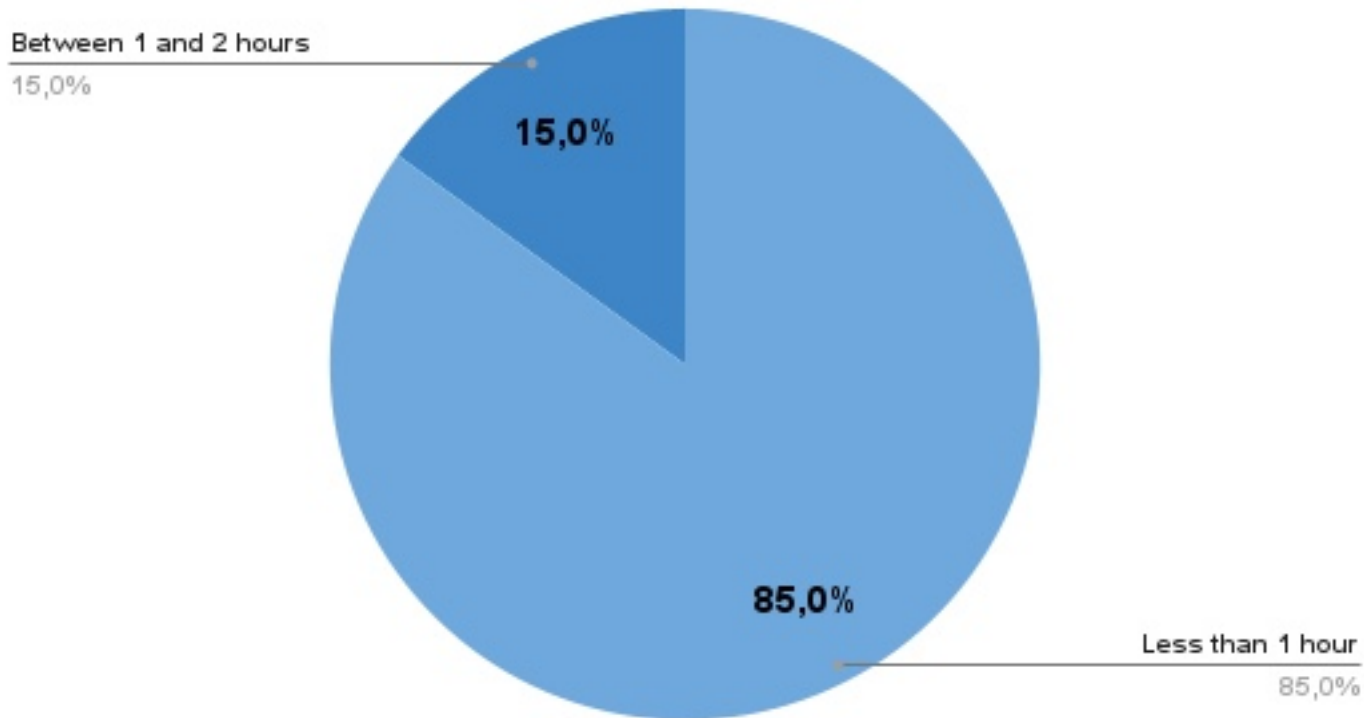
58,5%

In a capital city

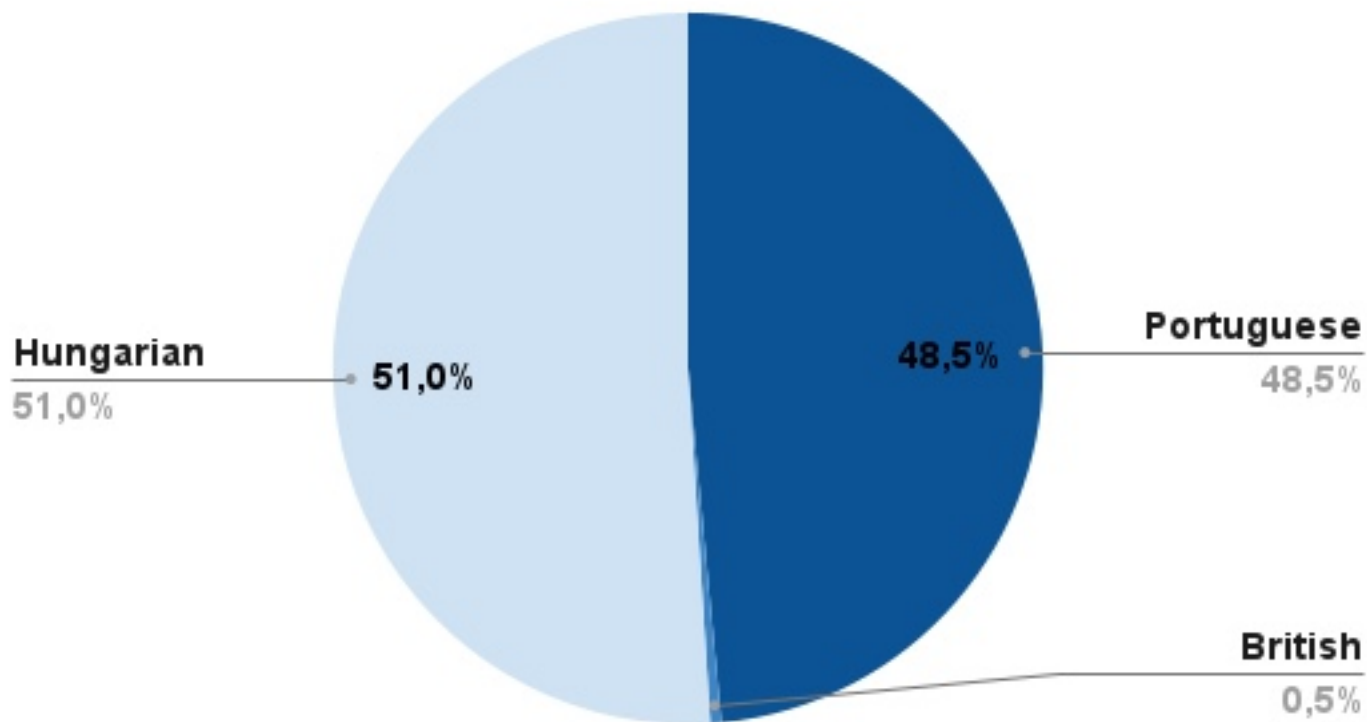
58,5%



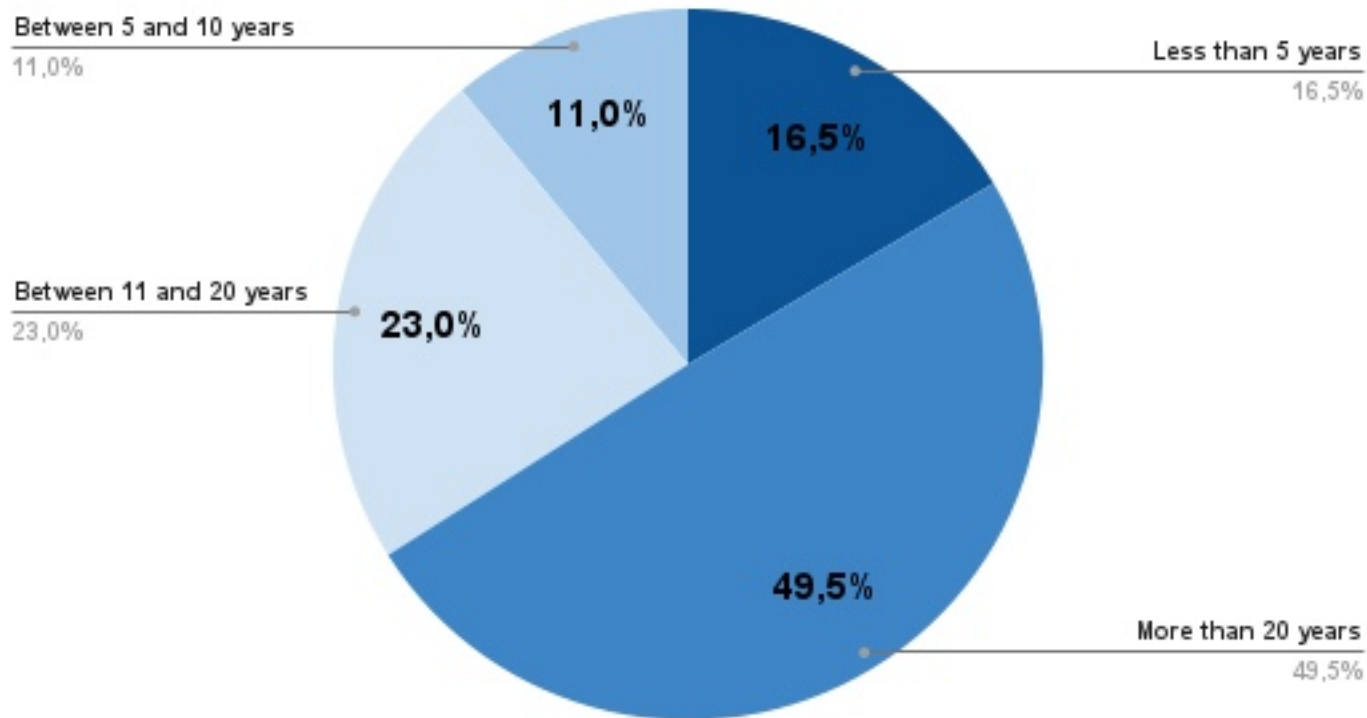
How long is your commute?



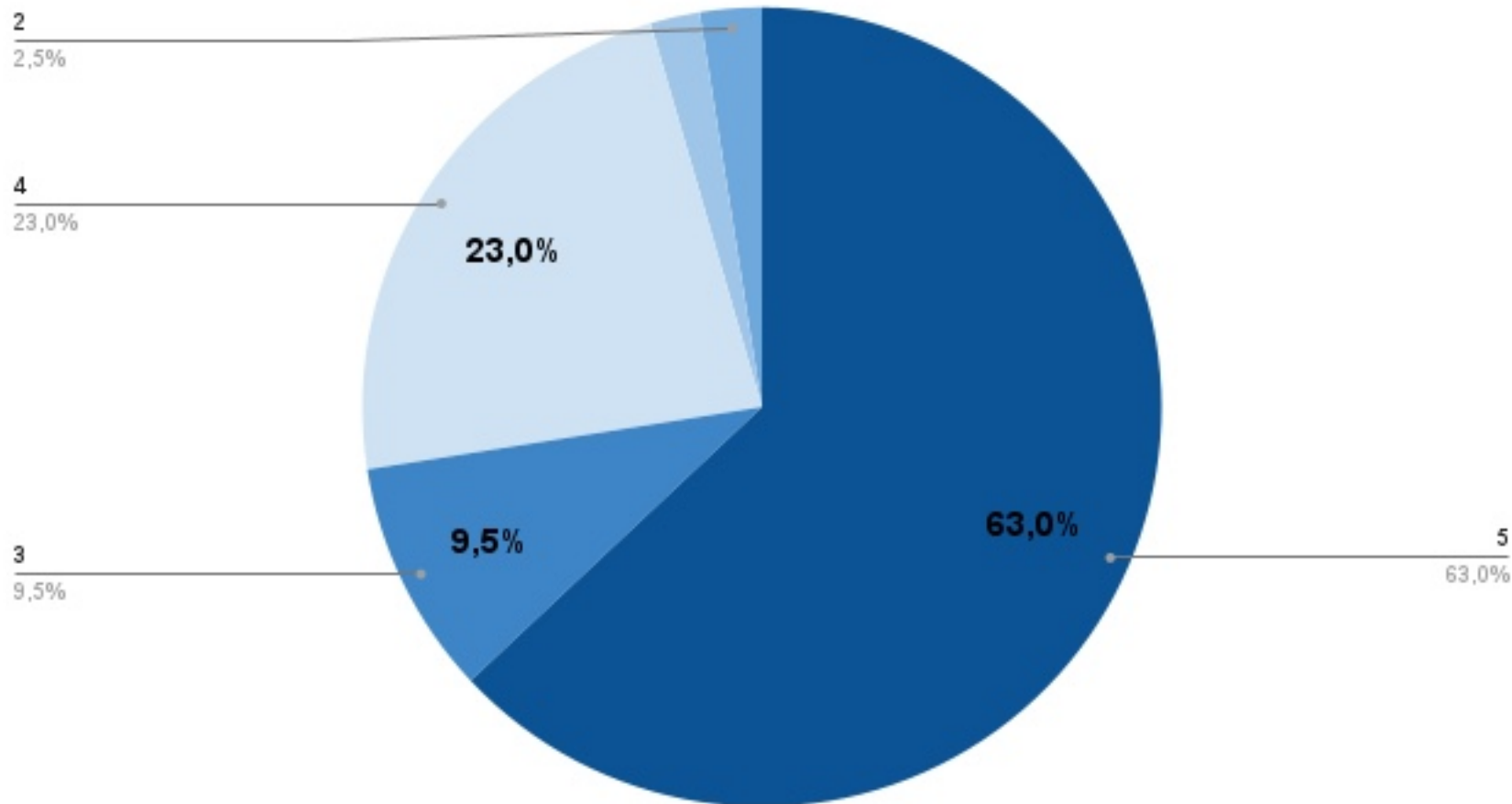
What nationality are you?



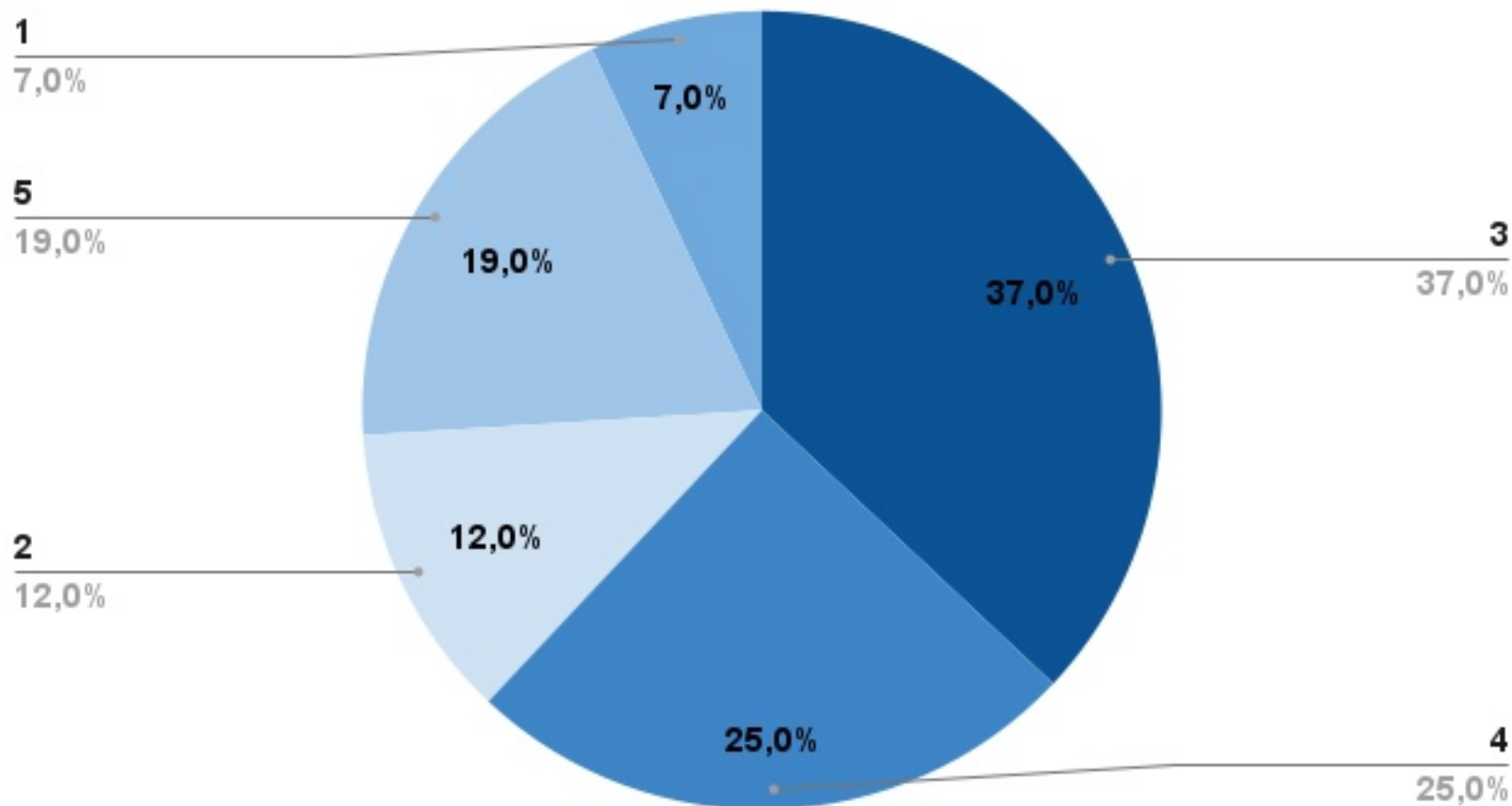
How long have you been a teacher-trainer?



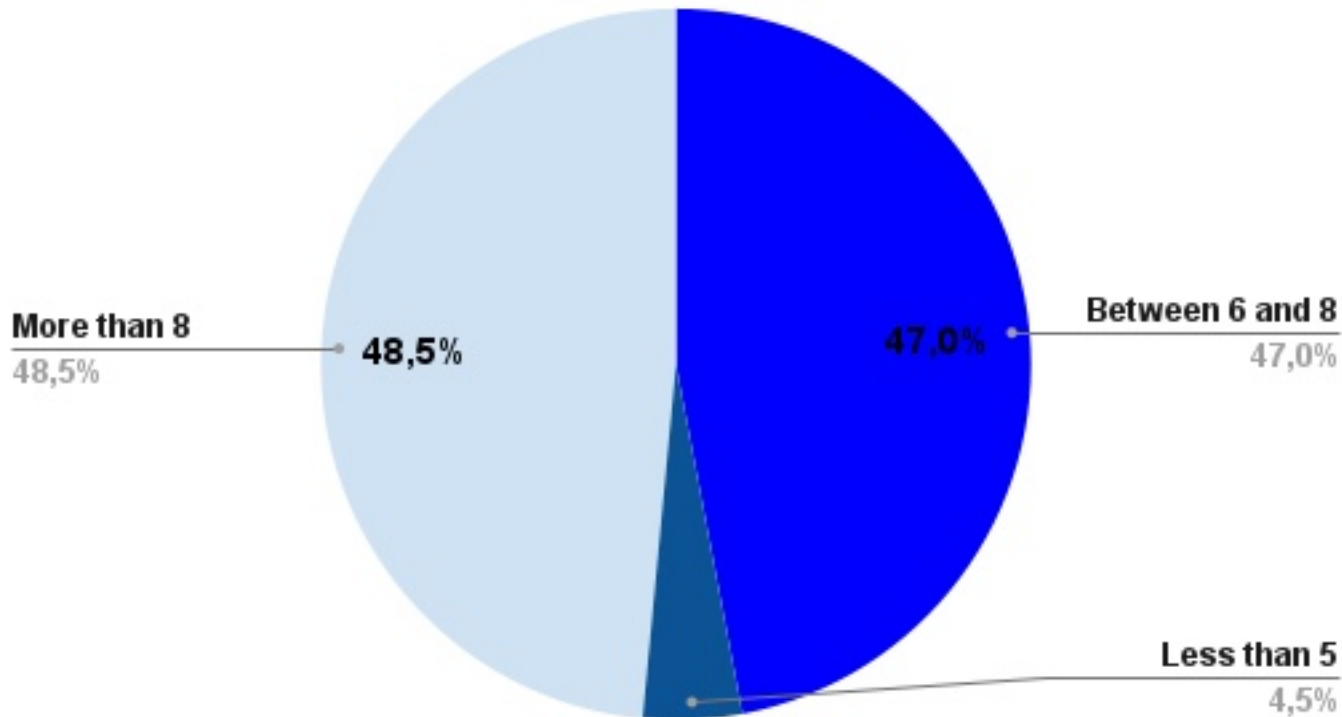
How motivated were you when you started your career? (1 to 5)



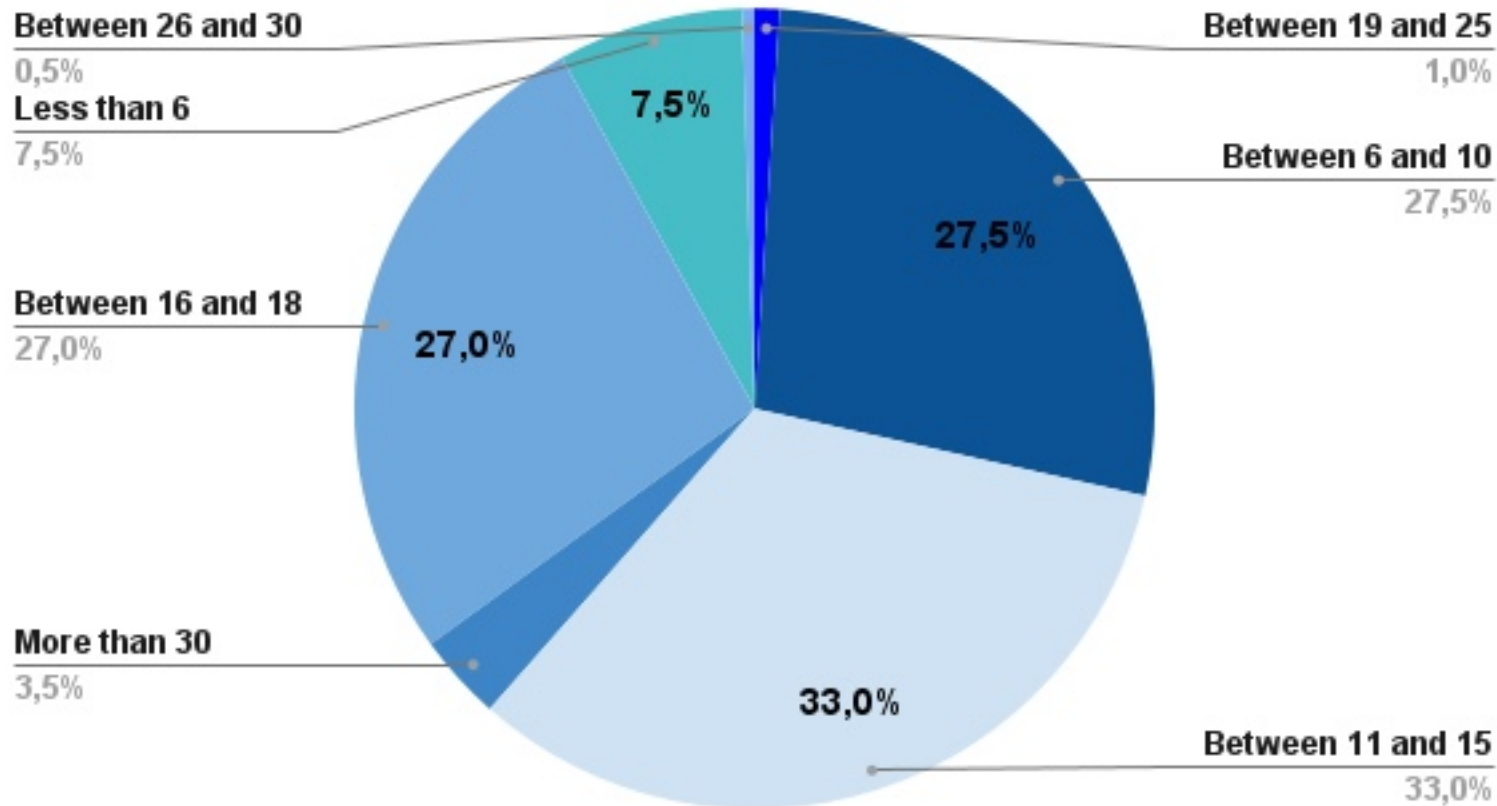
How motivated are you at the moment? (1 to 5)



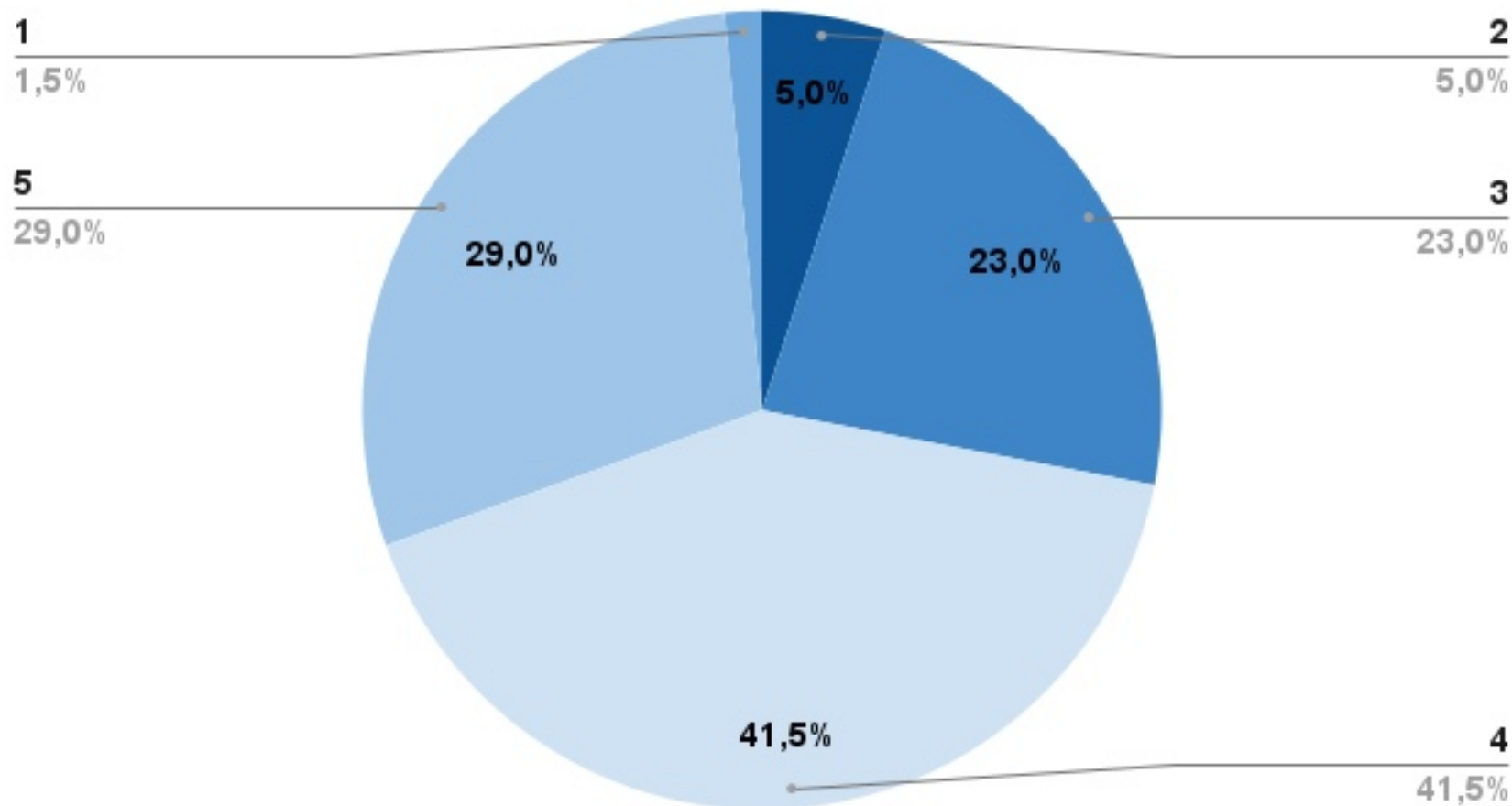
How many hours do you work per day?



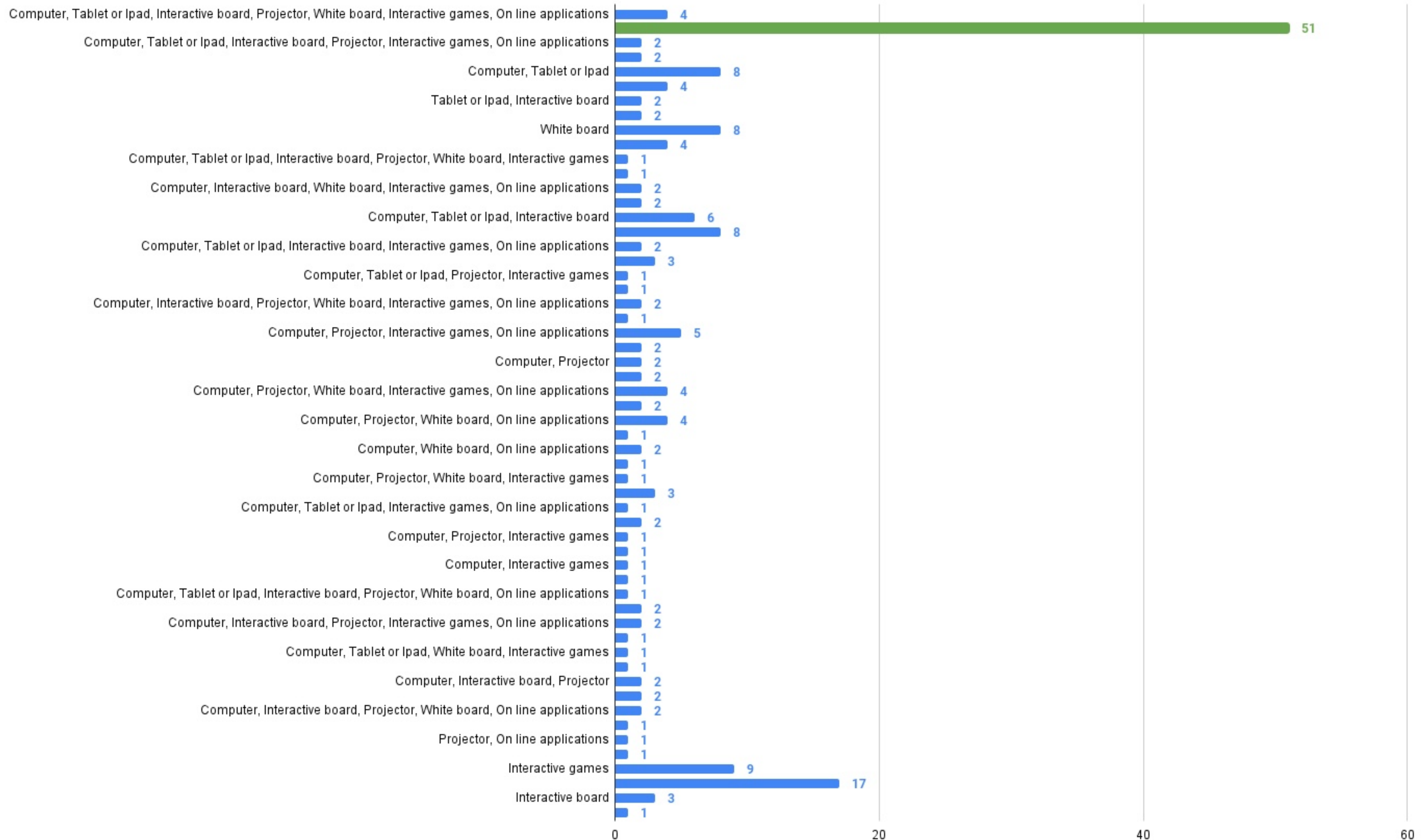
Which age groups do you usually work with?



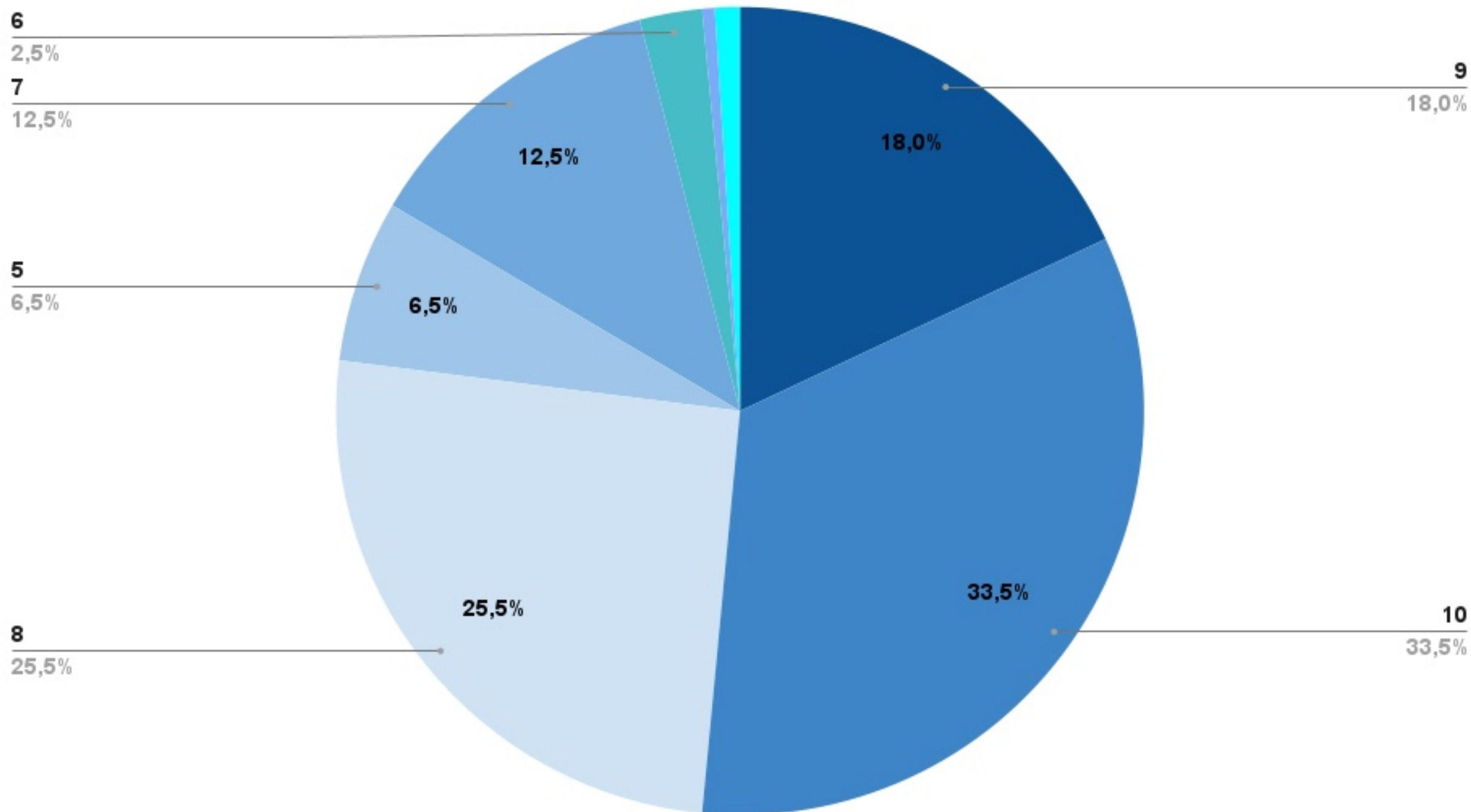
How free are you to choose your teaching method? (1 to 5)



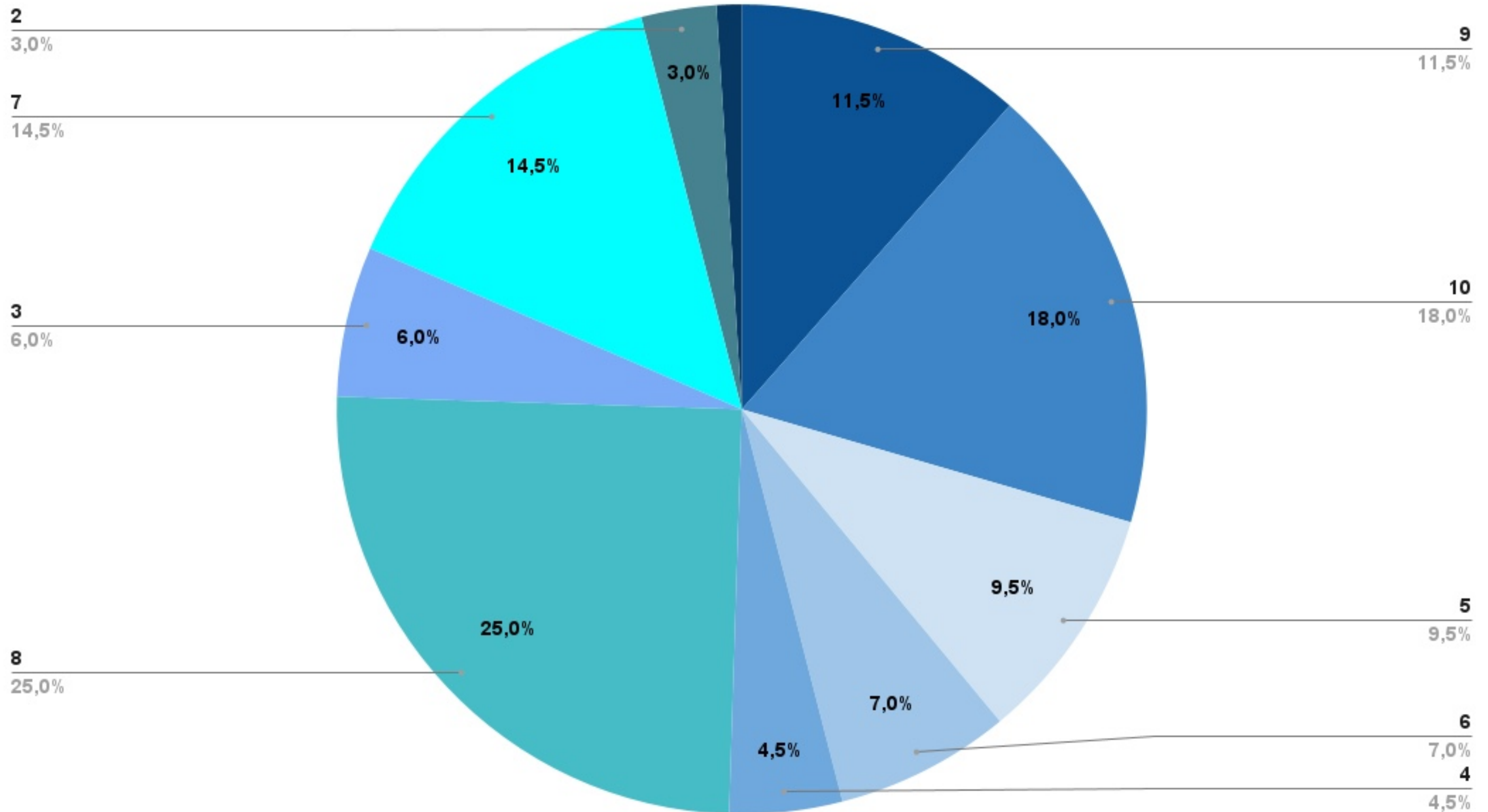
Do you use any of the following instruments in your daily working activity?



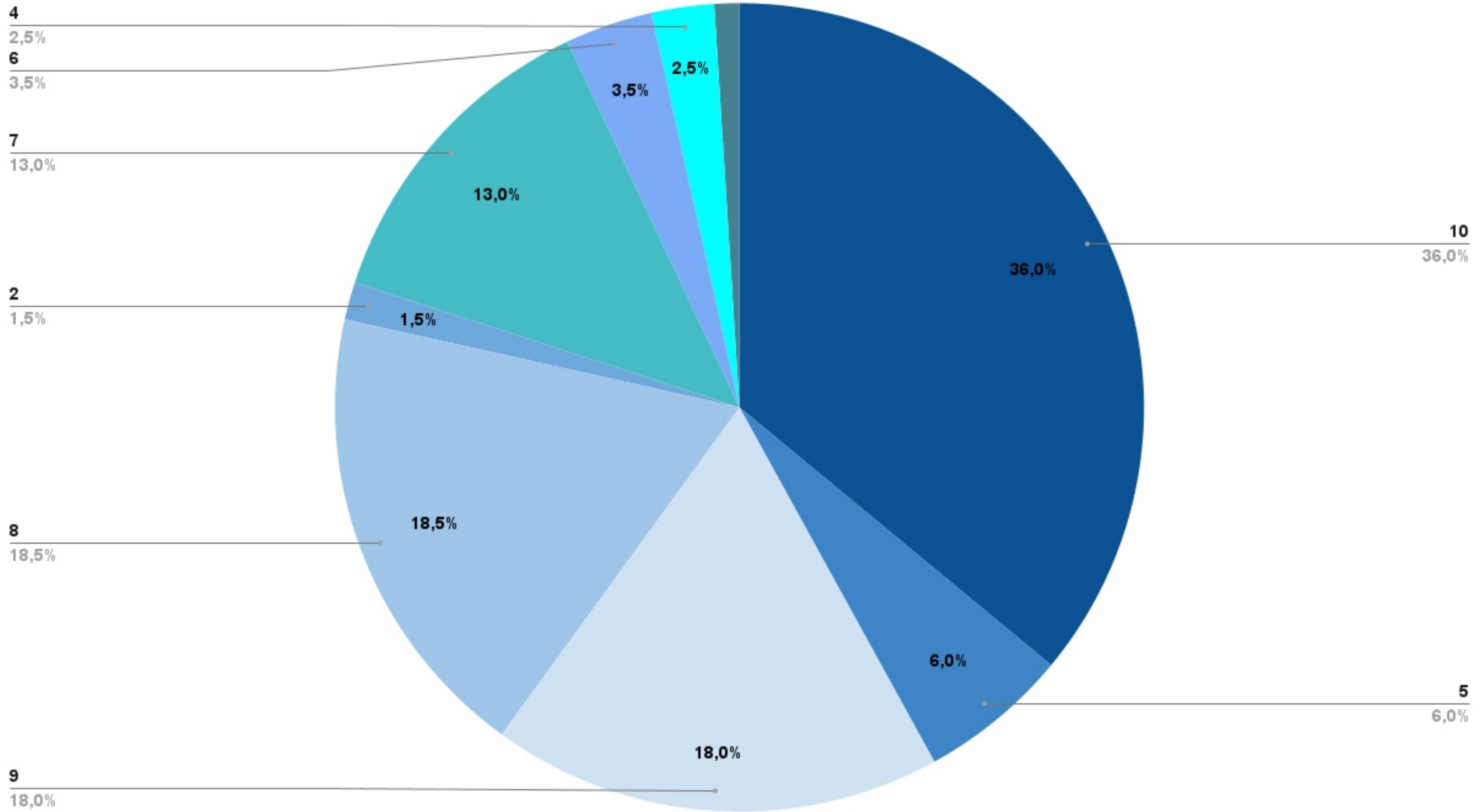
How would you rate the importance of working with technology? (1 to 10)



How would you rate the quality of the technology in your working place? (1 to 10)



How often do you use technology in your daily work? (1 to 10)



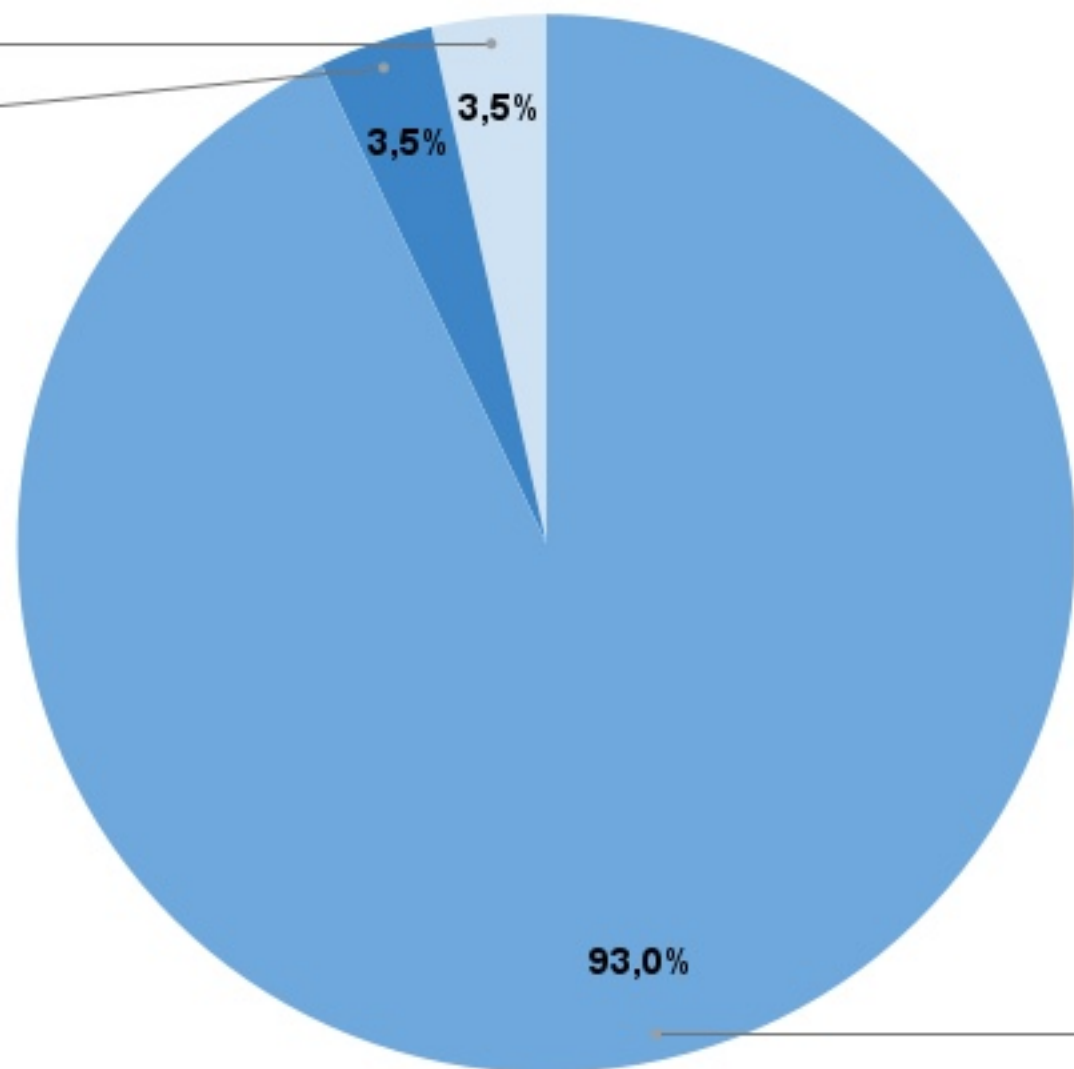
Would you recommend the adoption of technology in teaching to your colleagues?

Don't care about others working

3,5%

No

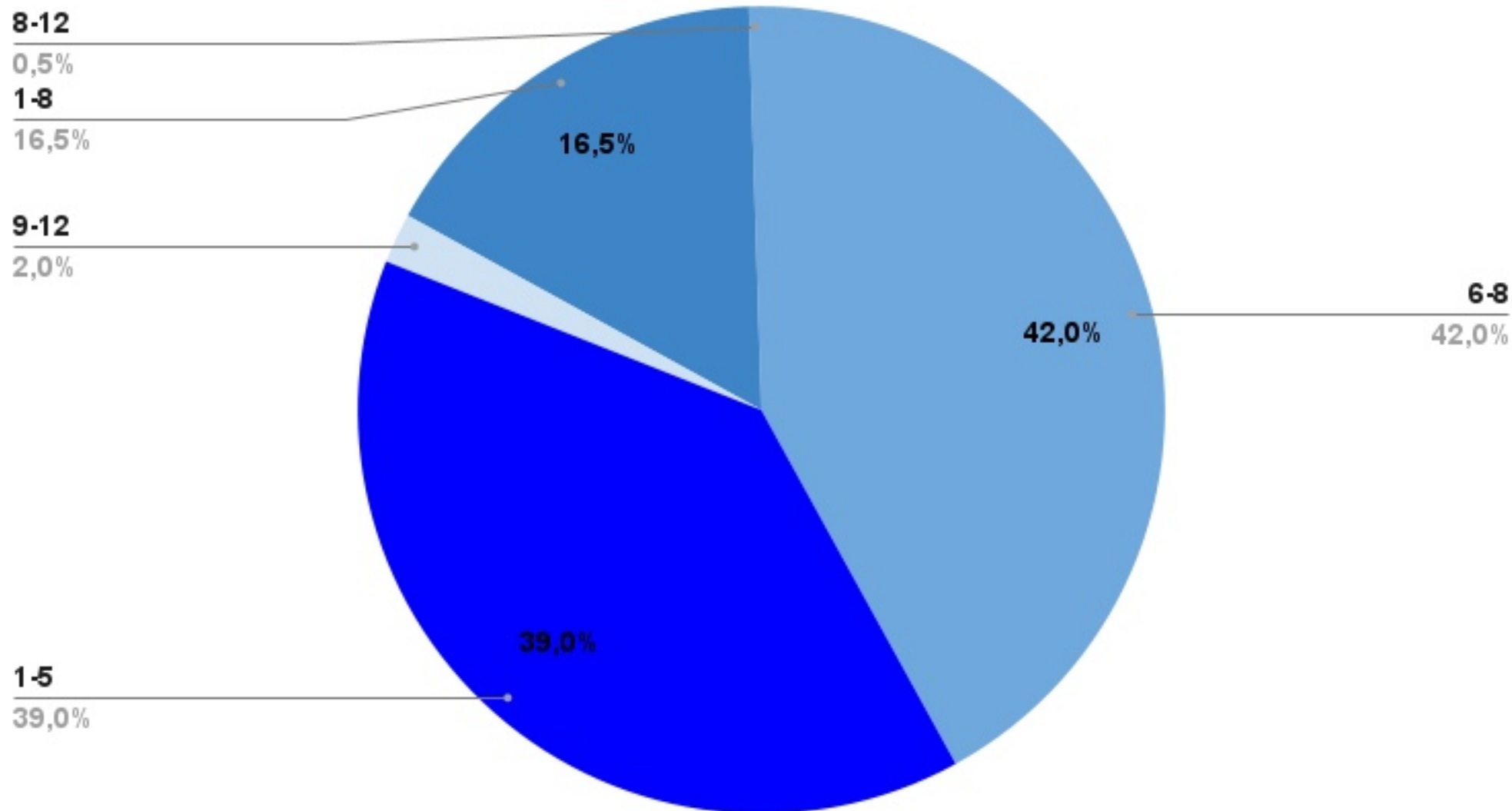
3,5%



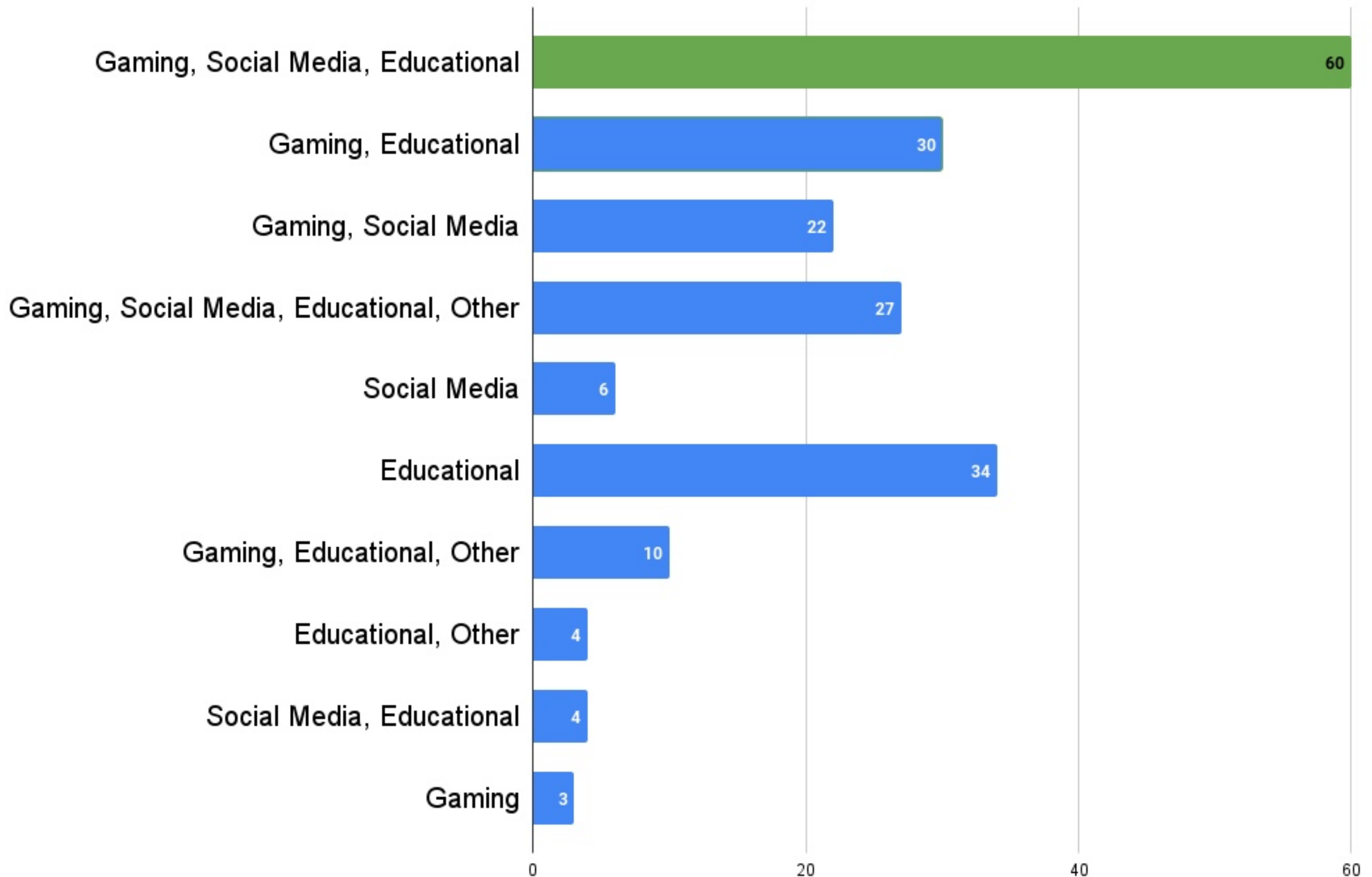
Yes

93,0%

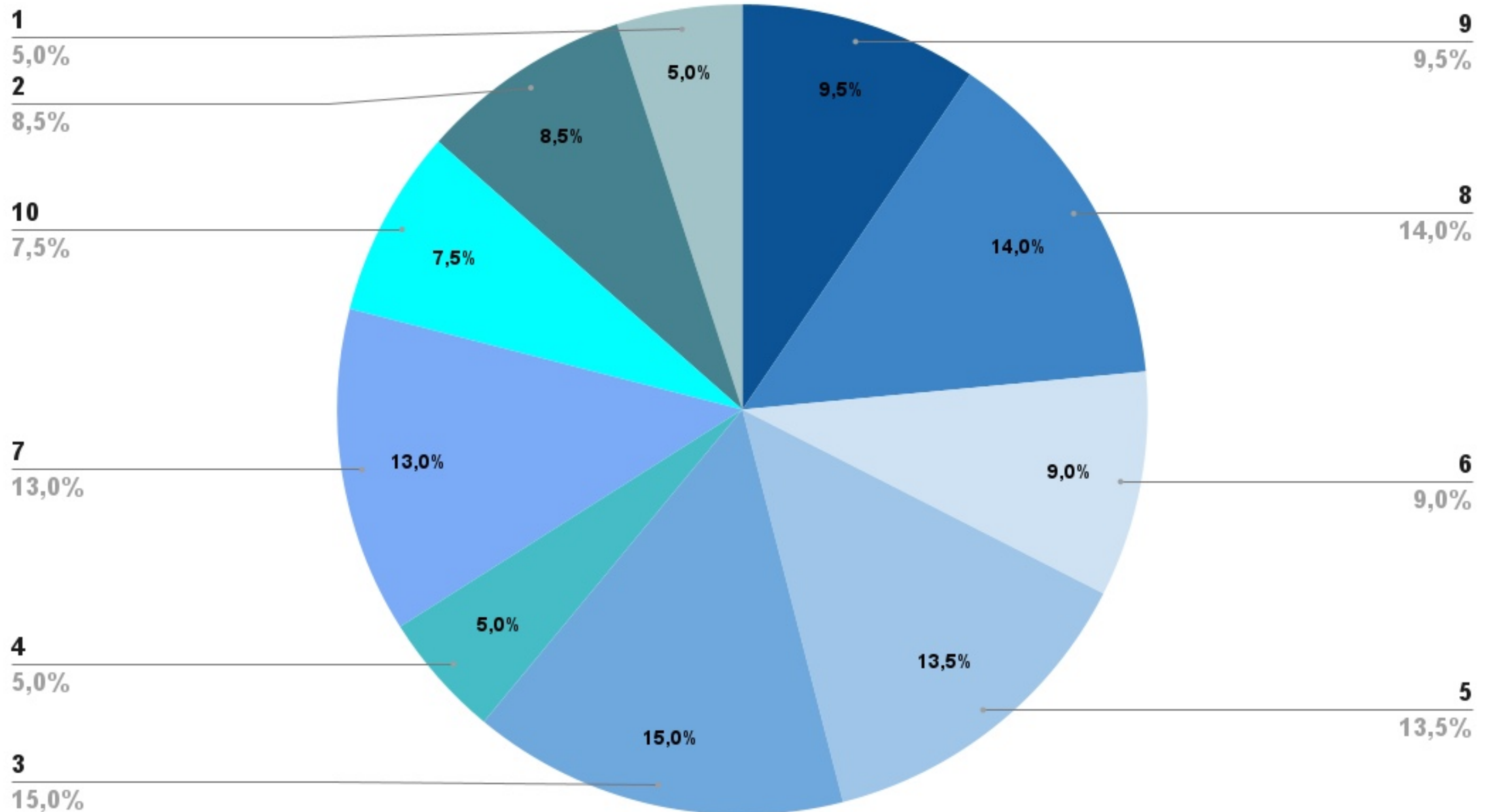
How many hours of classes do your students - trainees have per day?



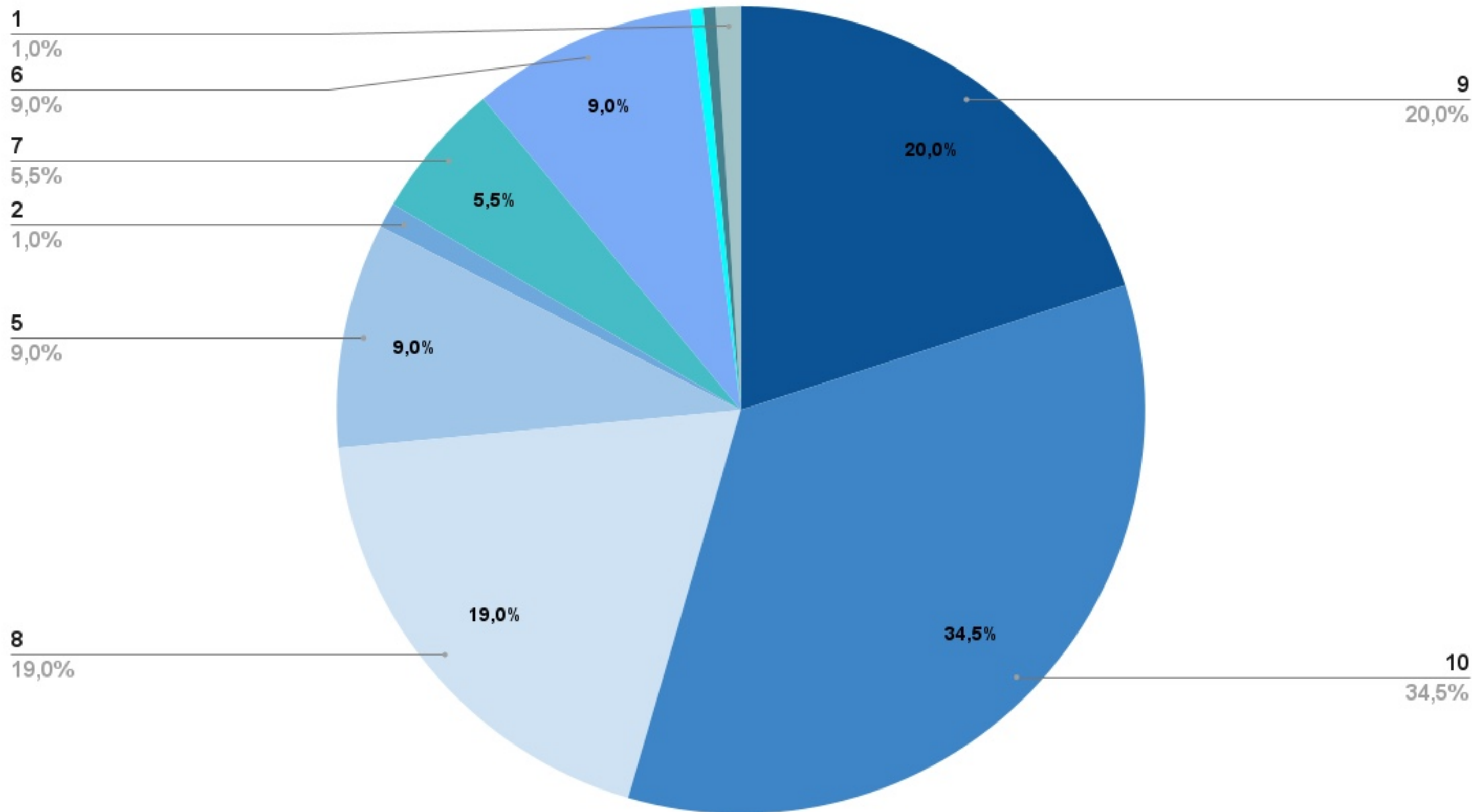
What do your students use technology for?



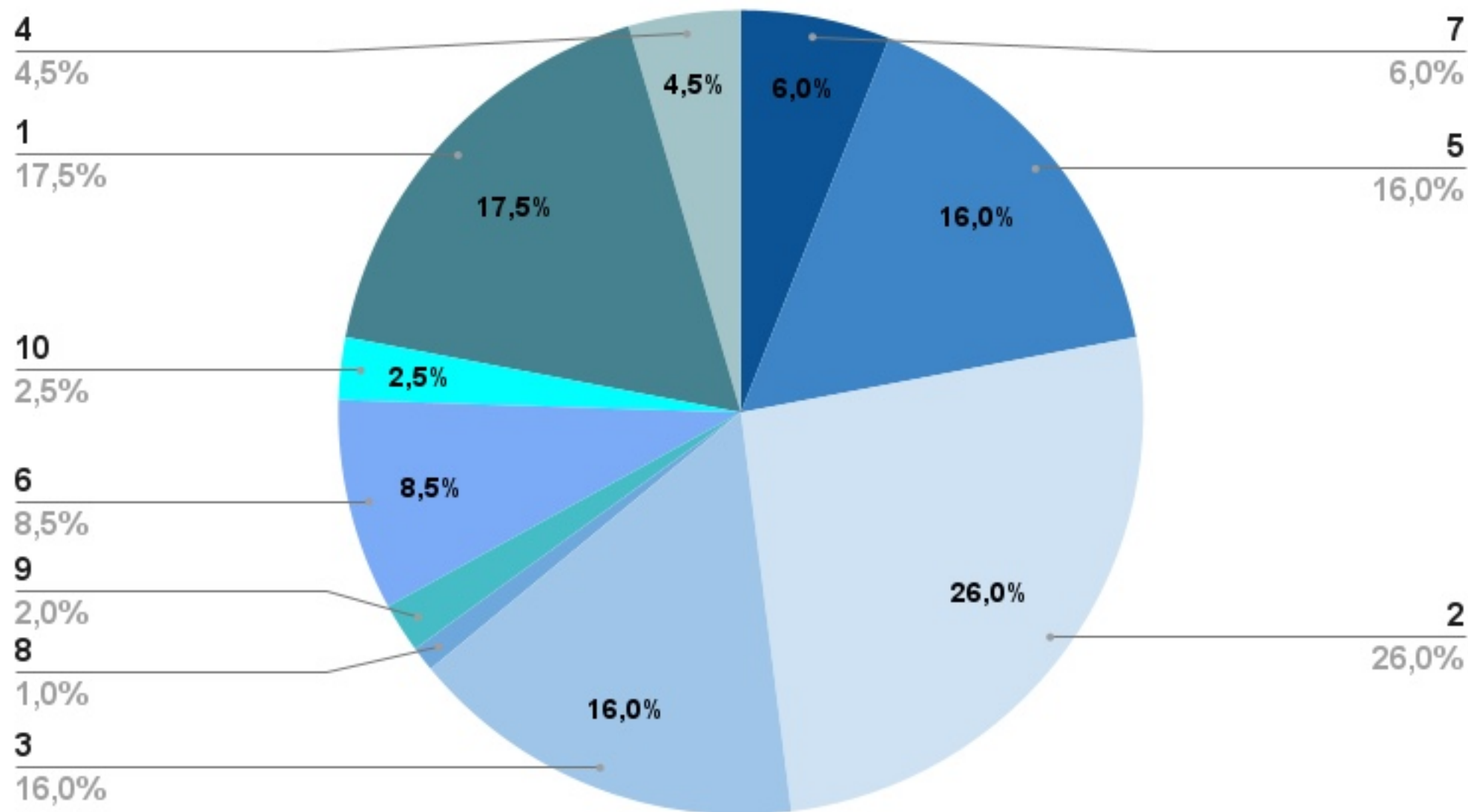
Do your students - trainees use technology when learning? (1 to 10)



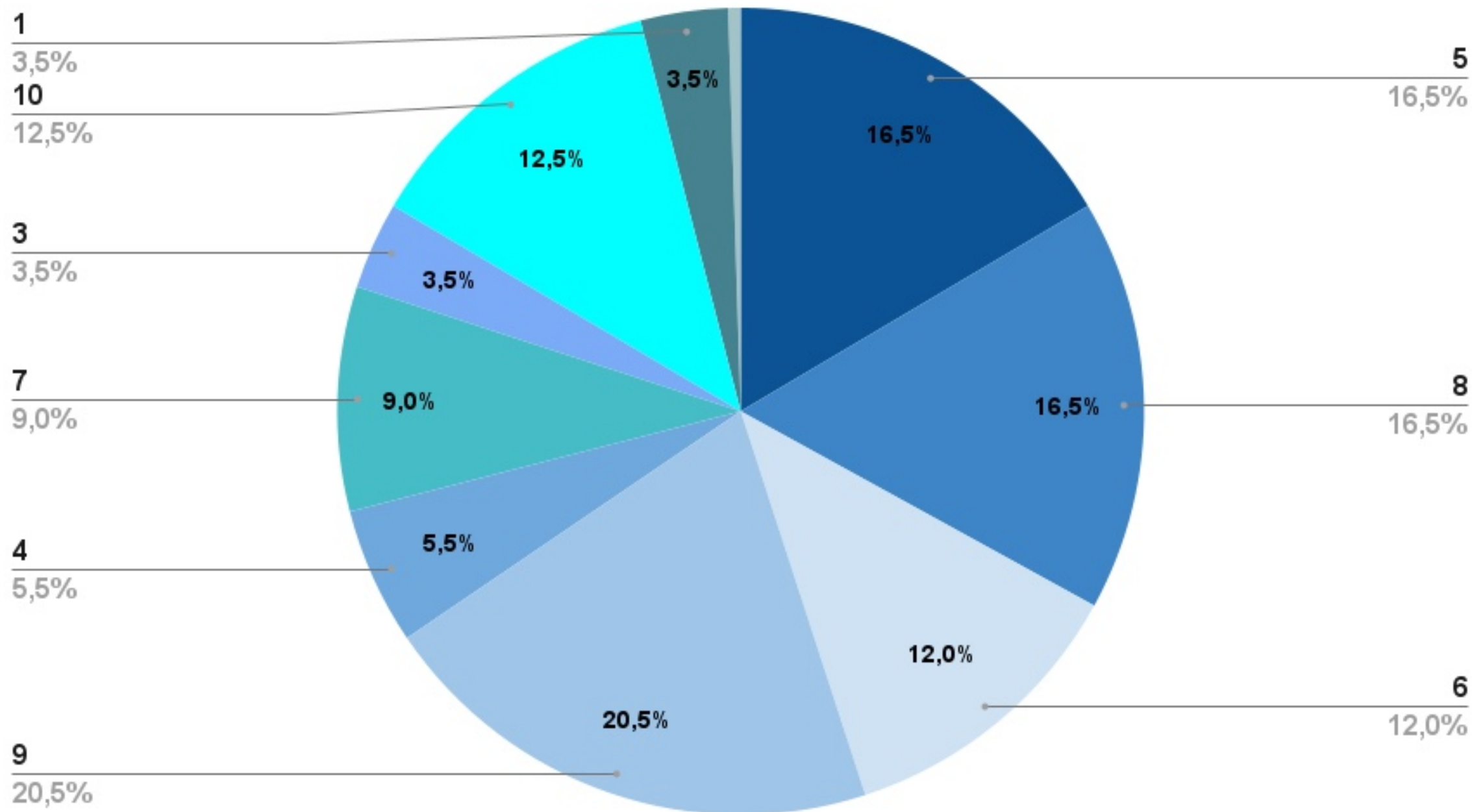
Do you feel that your students - trainees are happy when they use technology? (1 to 10)



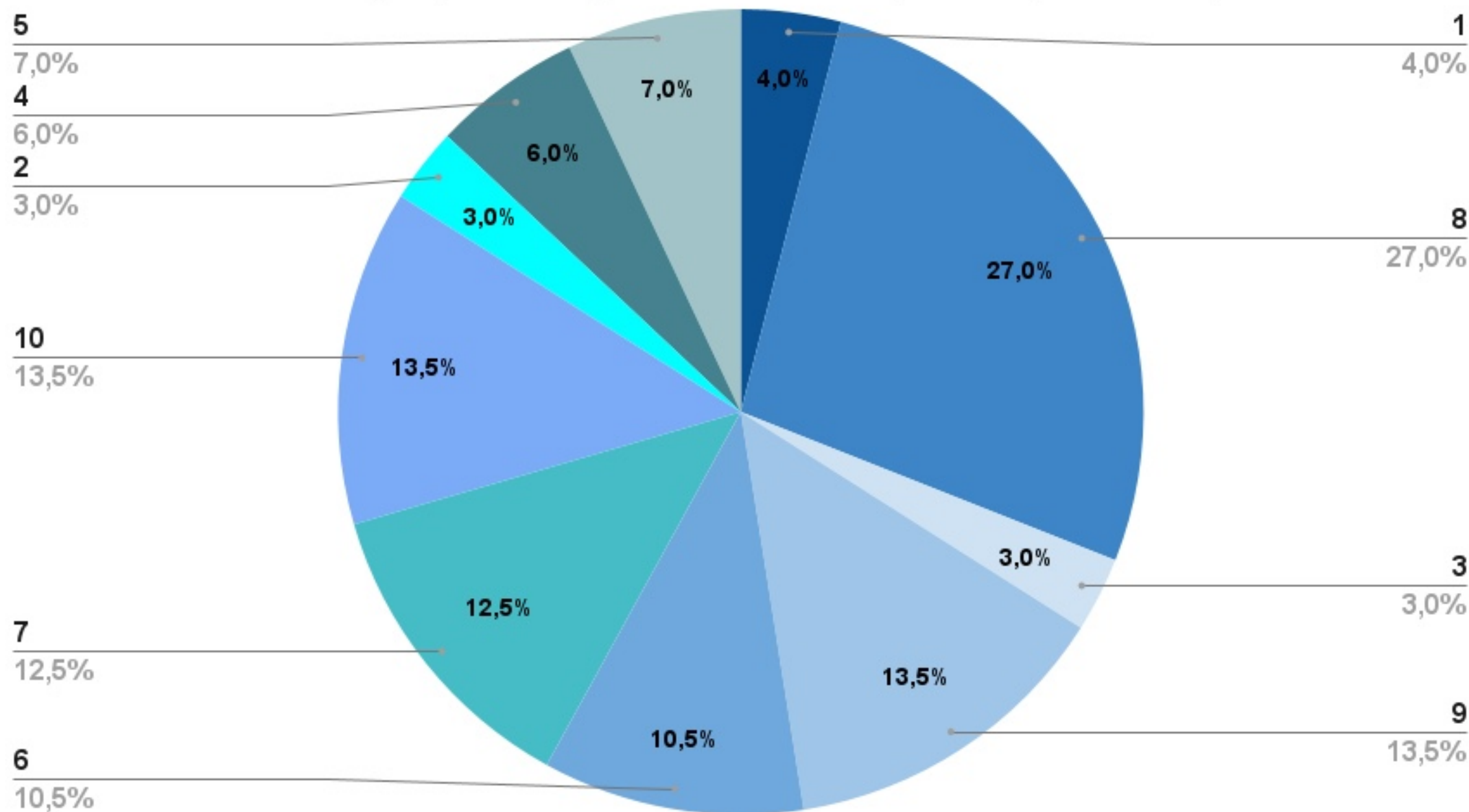
How often do you have a new student or trainer in your class? (1 to 10)



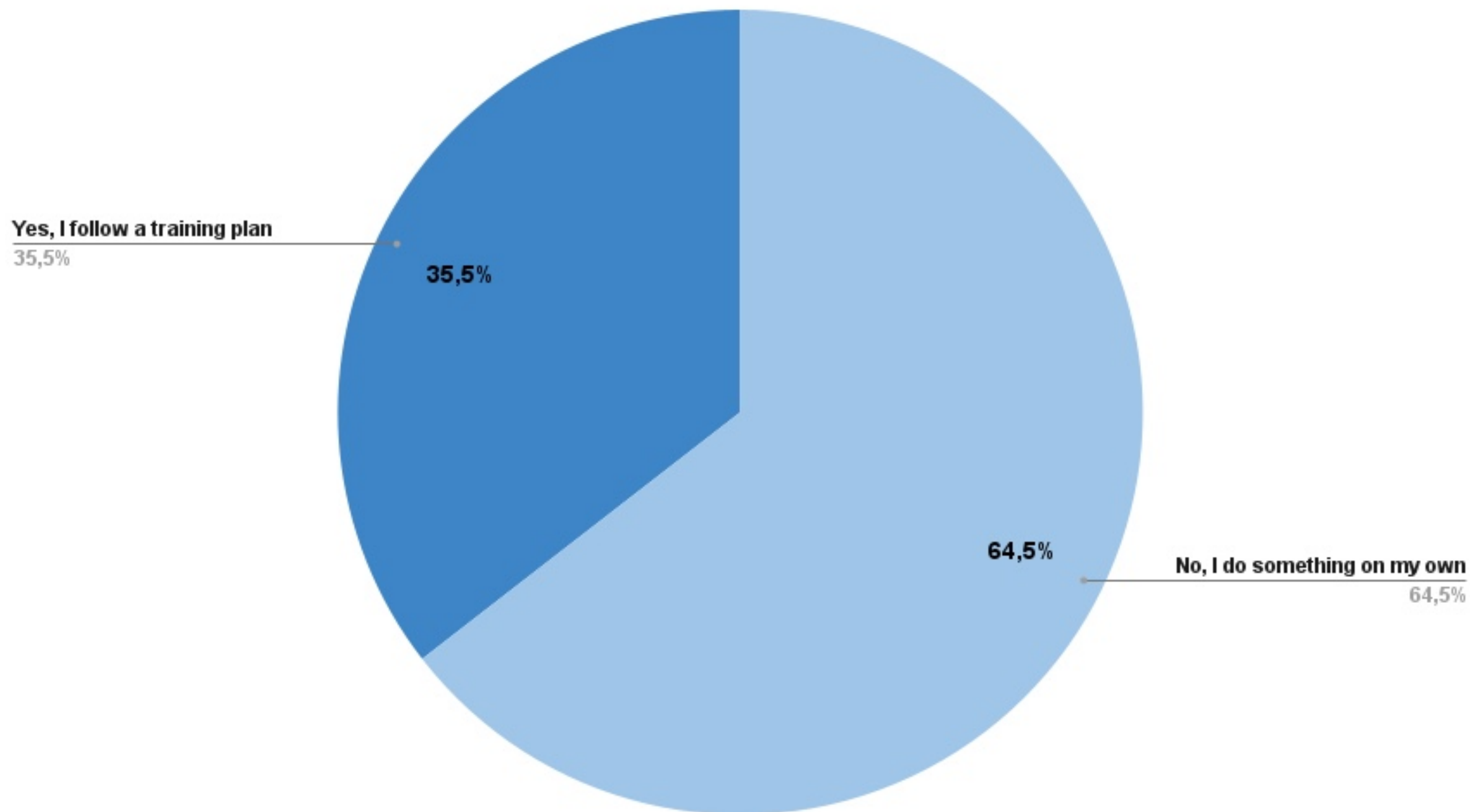
How easy is it to integrate a new student in your classes? (1 to 10)



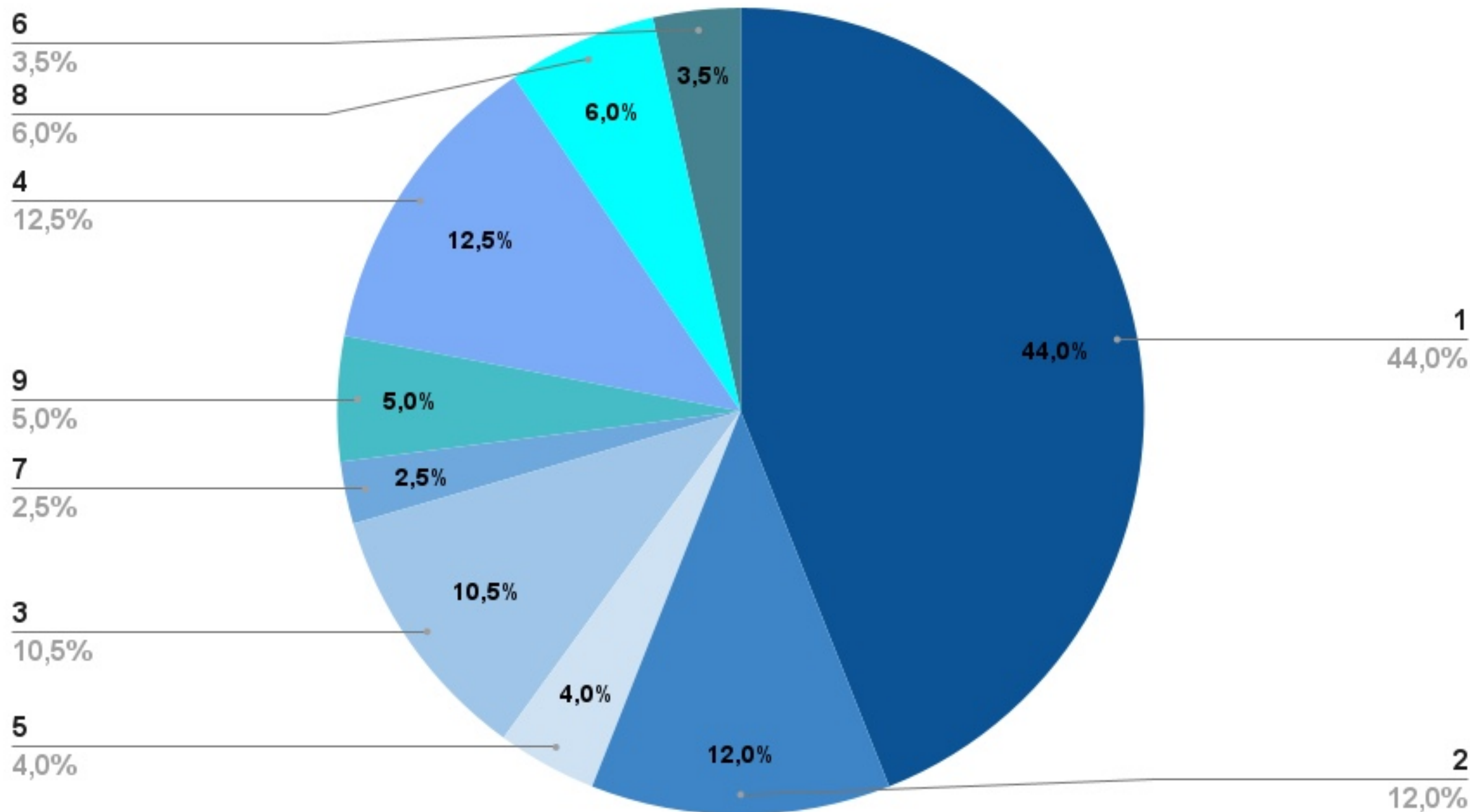
How physically active are you? (1 to 10)



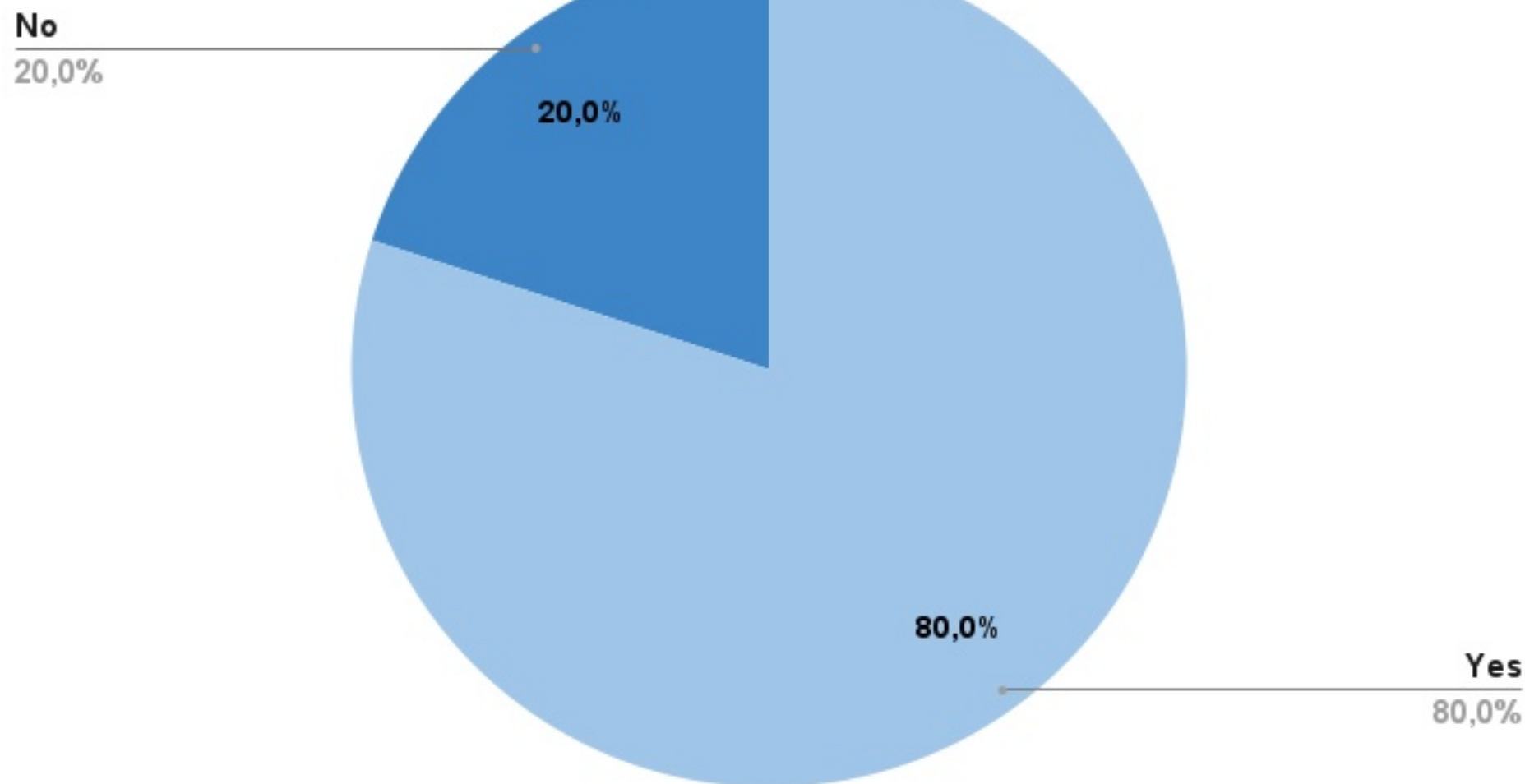
Does your active lifestyle include a planned exercise? (1 to 10)



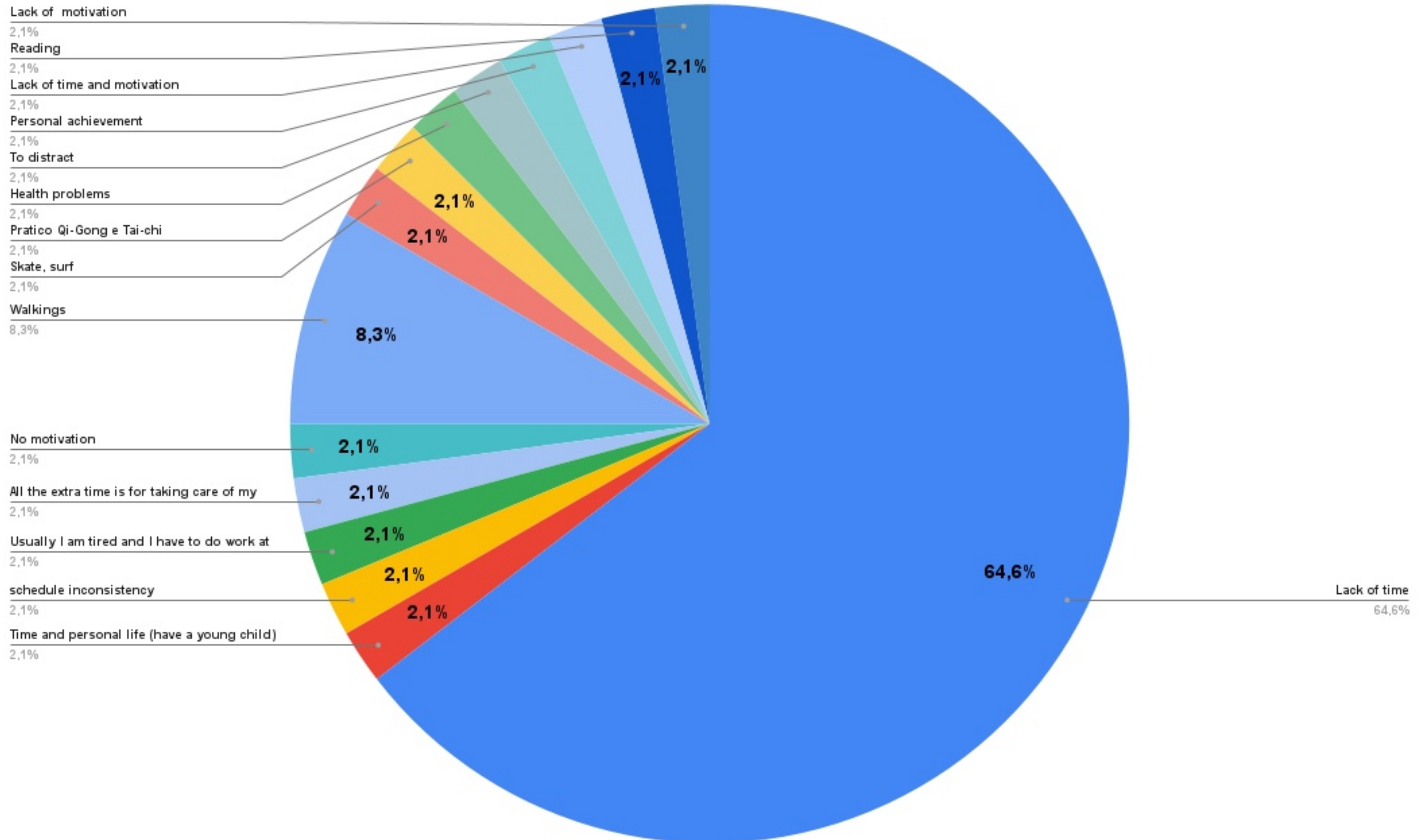
How often do you do relaxing exercises before starting your classes? (1 to 10)



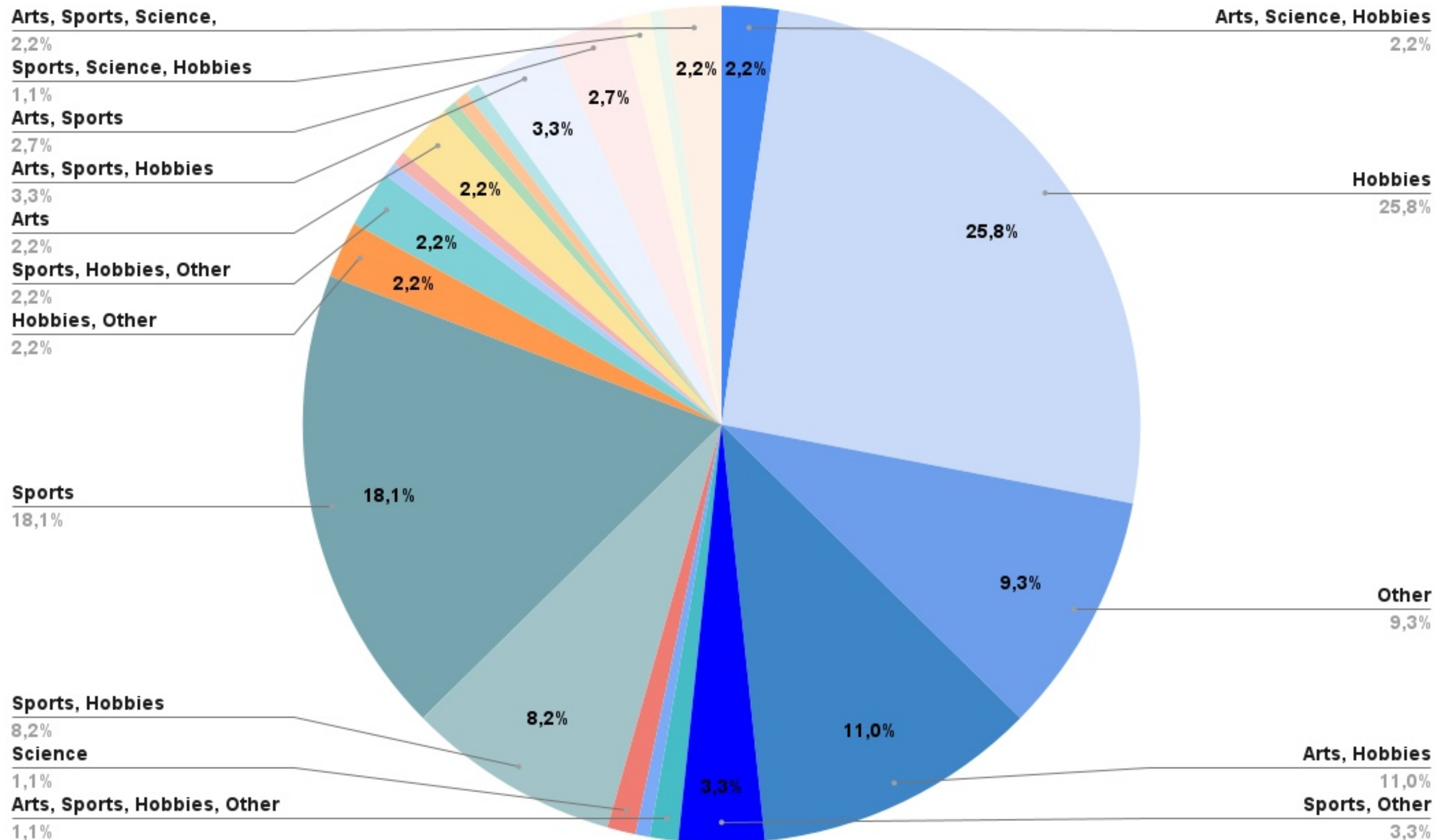
Do you take some time to do a hobby?



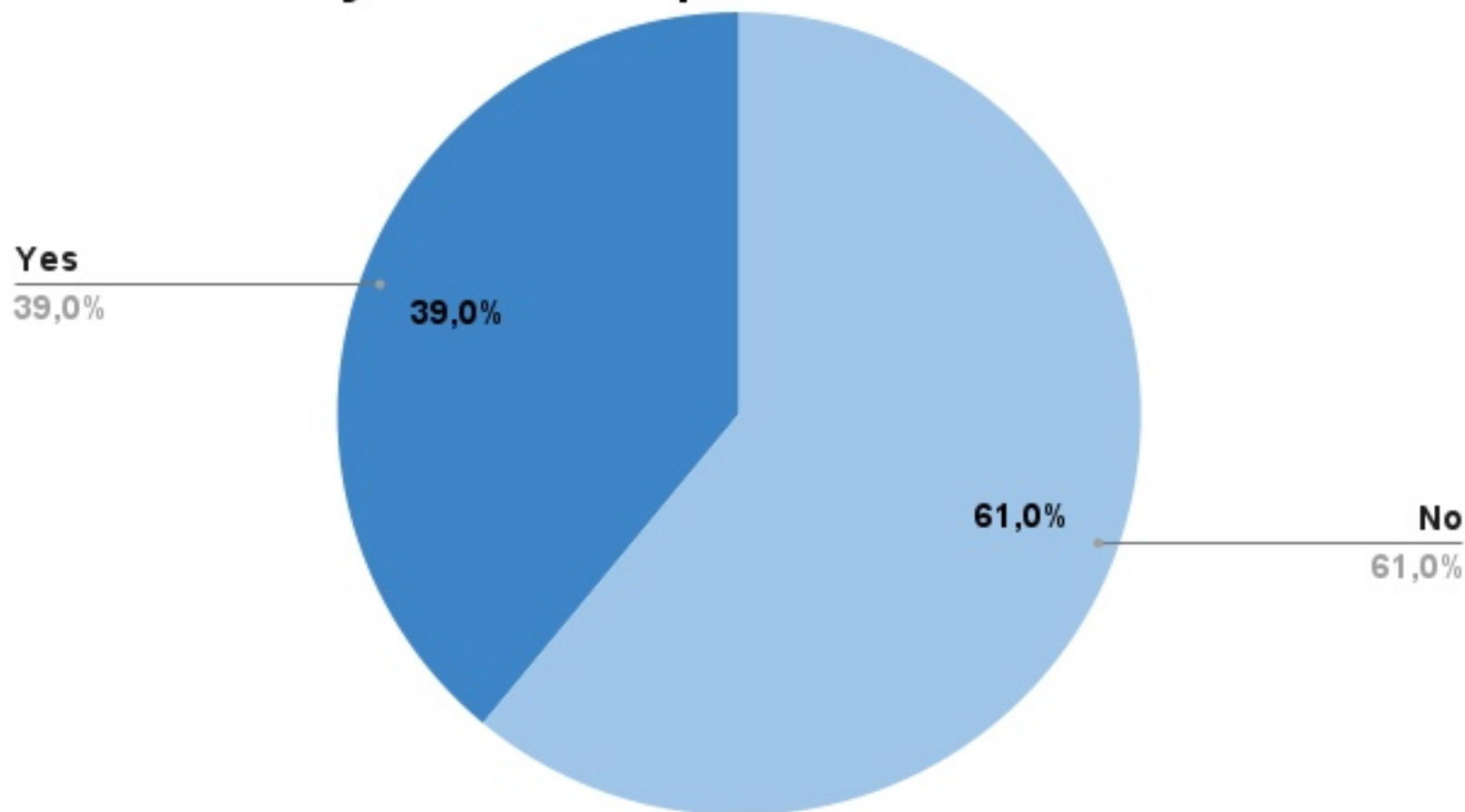
If you answered "No" to the previous question, what is the reason for not doing so?



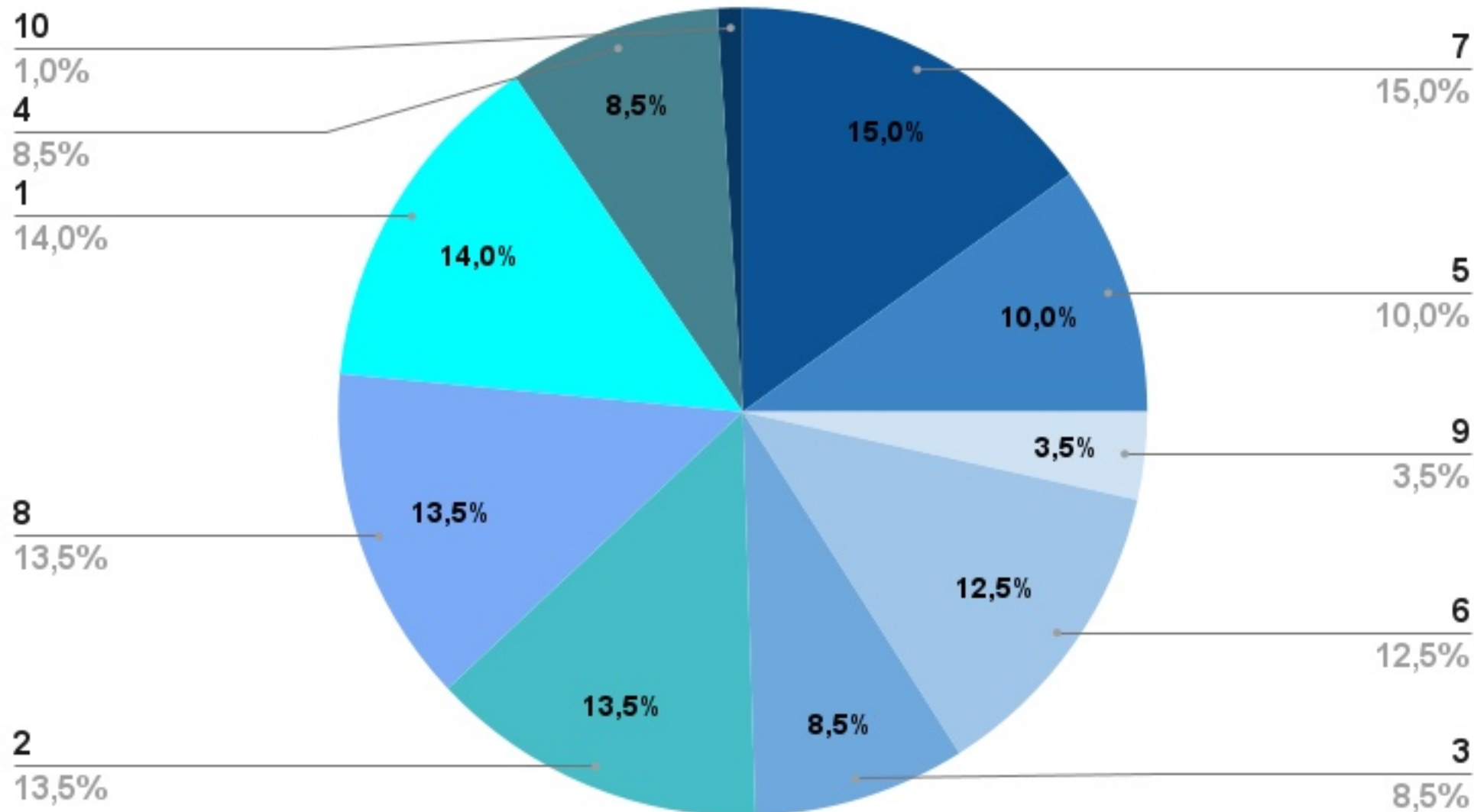
How do you relieve your stress?



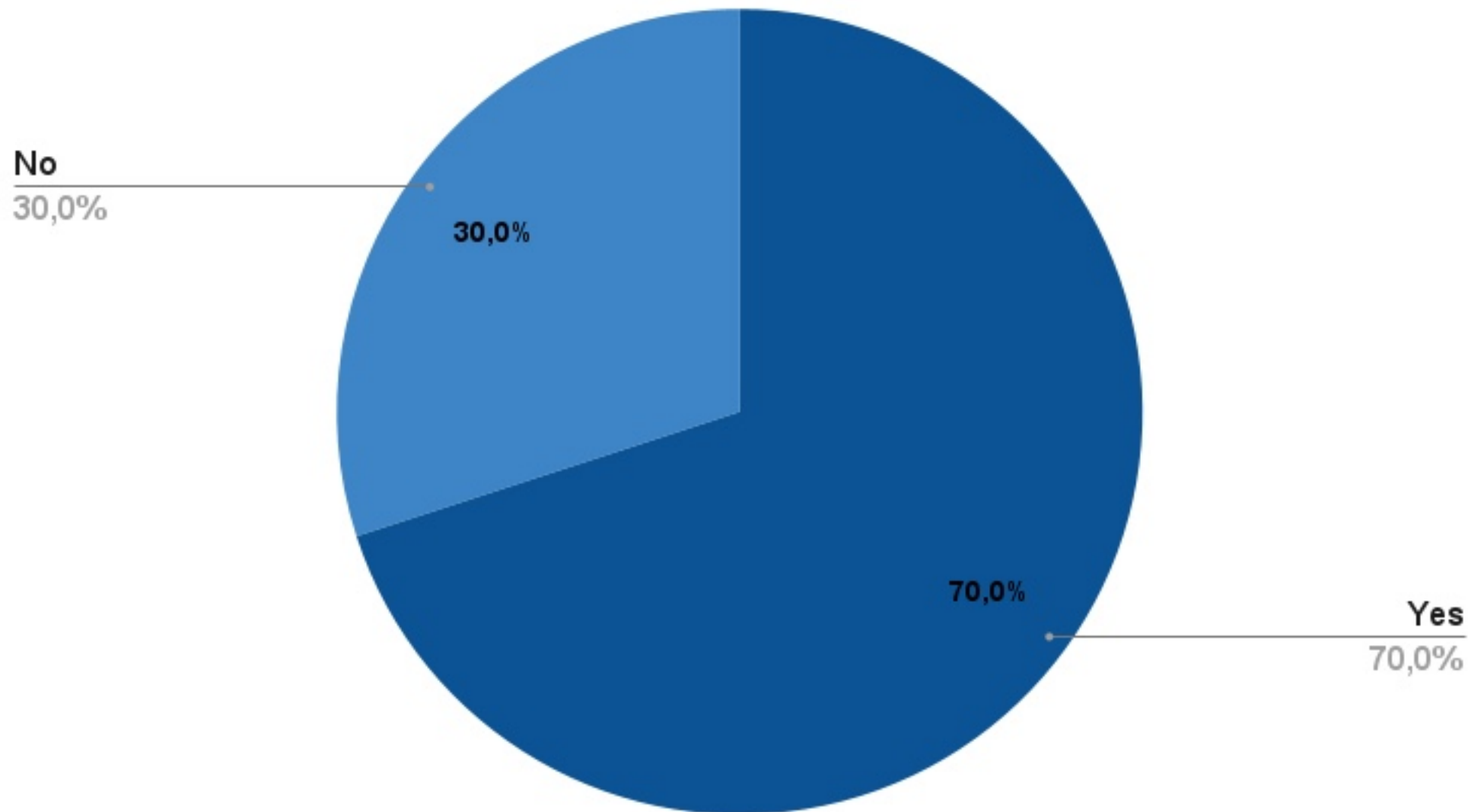
Have you ever experienced a burnout?



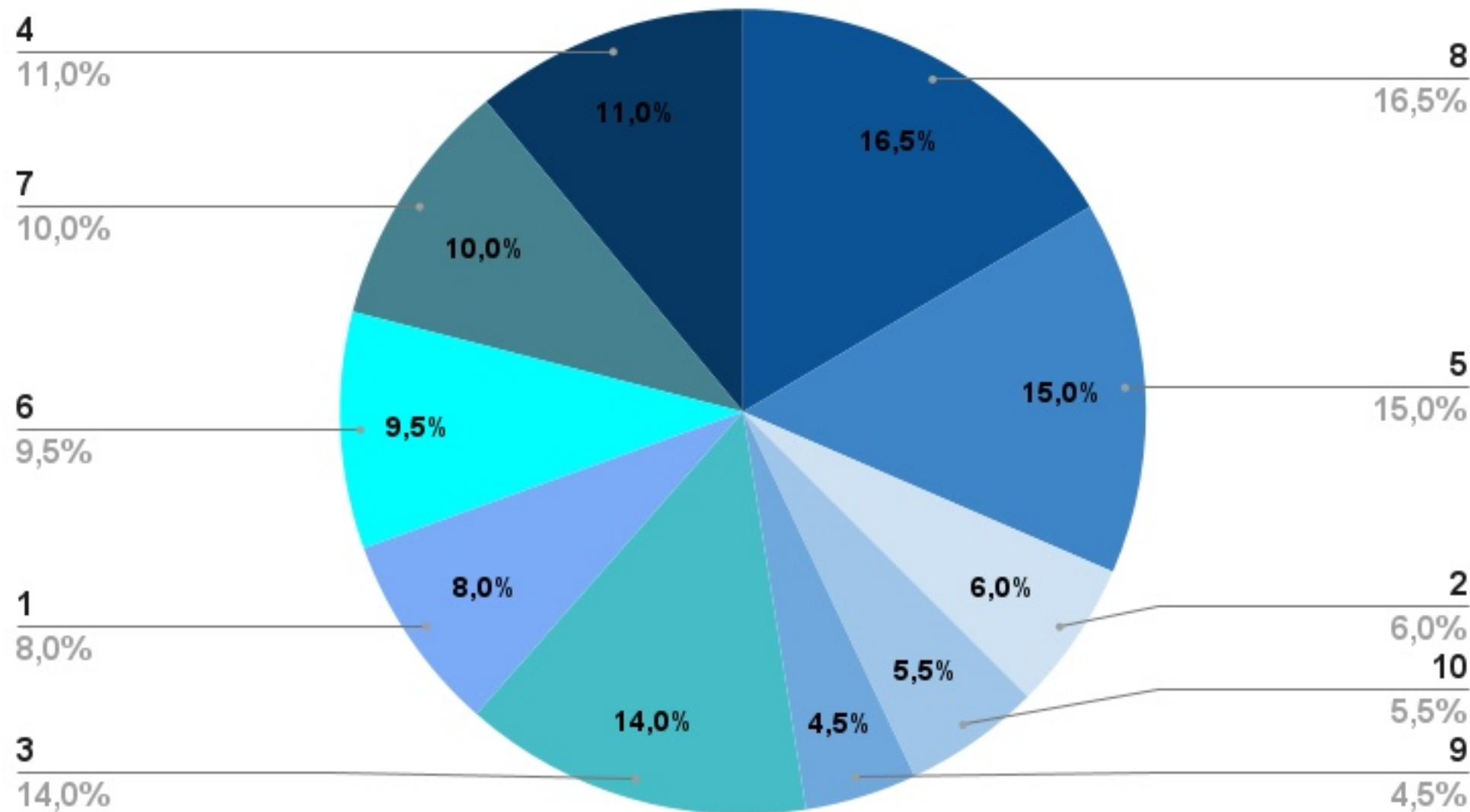
How close are you to burnout? (1 to 10)



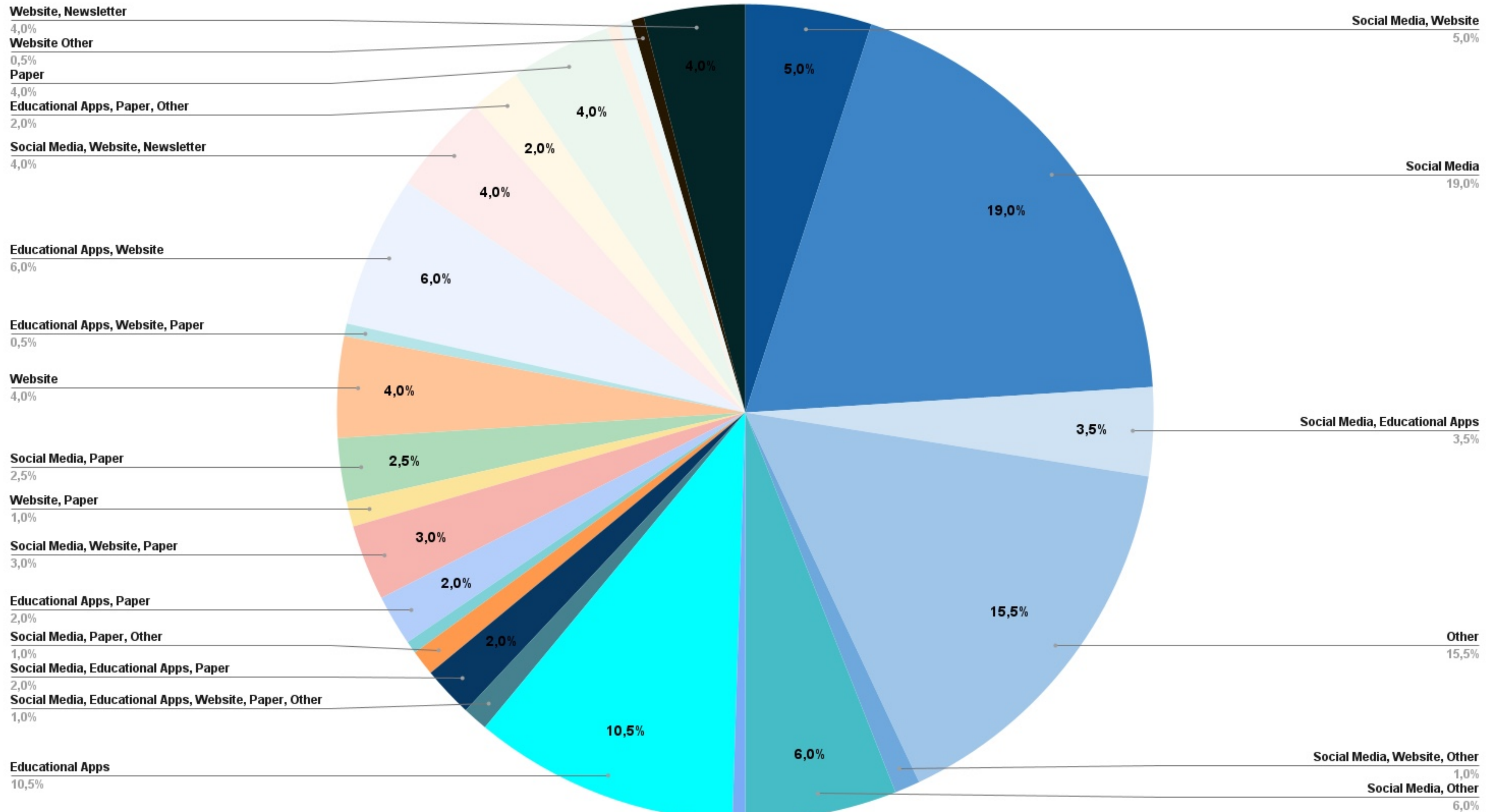
Is your work visible to the community? (1 to 10)



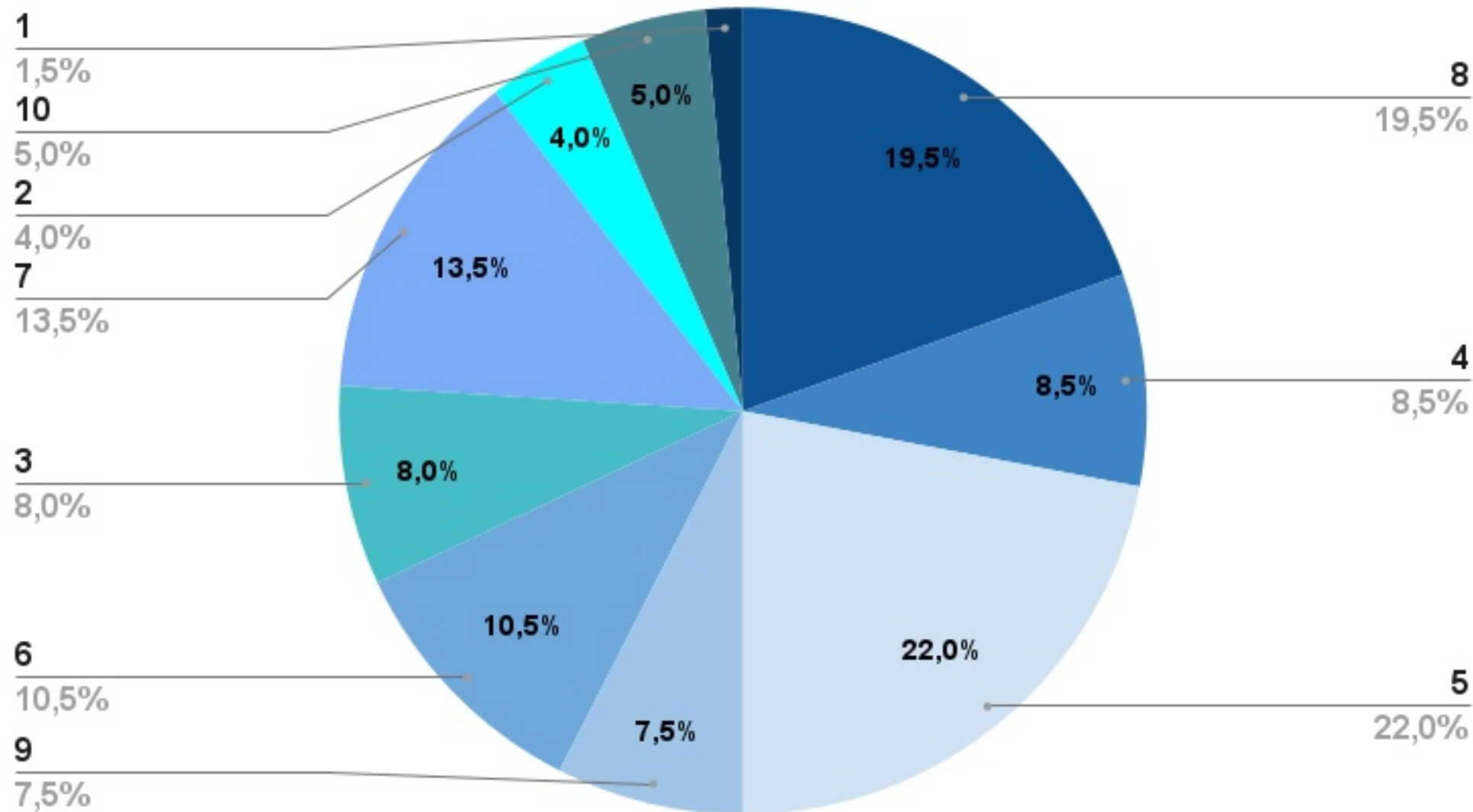
How often is your work shown to the community? (1 to 10)



Which method do you use to show your work to the community?



How much do you feel that your work is recognized when it is shown to the community? (1 to 10)



How much do you feel that showing your work to the community brings you closer to your students? (1 to 10)

